

Track Star Steven Benedict & Watts Empowerment Center Make Christmas Come Alive For Children & Families In Watts Calif.

Track & Field Star Steven Benedict partnered with Watts Empowerment Center – Red Eye to giveaway 15,000 toys and 150 wellness packages to children & families in Watts California experiencing financial challenges during the COVID-19 pandemic.



Steven Benedict

Track & Field Star and Performance & Cognitive Specialist



Specialist **Steven Benedict** partnered with **Watts Empowerment Center – Red Eye** to make Christmas come alive for children and families in Watts California. Benedict and Watts Empowerment Center were able to giveaway 15,000 toys and 150 wellness packages to children and families experiencing financial challenges during the COVID-19 pandemic.

<https://youtu.be/Jyp-GBwBKsg>

The event took place on **Saturday, December 19** at **Watts Empowerment Center**, 2250 East 114th Street, Los Angeles, CA 90059 from **5:00 p.m. – 7:00 p.m.** Through this event, Benedict was able to bring comfort and joy with the help of his sponsor **Optimum Nutrition** and co-contributor **Freedom & Fashion** to those who were in attendance.

The Watts Empowerment Center is the 12,900 sq ft state-of-the-art facility committed to the children, youth, and families within Watts Housing Projects. These 3.3 acres are the heartbeat of the community. Locals can discover their purpose and develop their talents with the help of top industry and business professionals that provide mentorship to many within the community. Resources offered range from Sports Leagues, After School Tutoring, STEM Media Lab, Culinary Arts Kitchen, Performing Arts Studio, Music, Acting, Fashion Design, Etiquette Courses, Resume Building Workshops, Anti-Bullying Classes, Mental Health/Stress Management, and beyond.

Benedict is an Olympic Qualifier and winner of prestigious invitationals nationwide. When not training himself or assisting others in reaching their potential, he's a popular speaker on topics like Men's Leadership, Social Emotional Learning and Human Performance and has been featured in periodicals like ESPN Magazine, Men's Fitness and Men's Health.

His path to success is all the more remarkable given his early abusive childhood, a variety of unpredictable living conditions and eventually, the Foster Care System, which precipitously ended when his adopted parents both died prematurely. He is now a champion for Foster Care and Adoption. Next year he launches his new National Program, "Fostering Success," which restores hope, encourages growth and opposes the abandonment mindset of foster children by providing genuine guidance, opportunities for sports and arts and a strong voice for advocacy and systemic reform.

He recently released his new book "**Good Morning SuperStar: Where Intentions Set the Tone but Habits Align You to Shine**" (Ingram Spark, \$16.22), built on lessons learned the hard way. Proceeds from the book will benefit Adoption and Foster Care Charities during December for a sustainable holiday.

For information about purchasing "**Good Morning SuperStar: Where Intentions Set the Tone but Habits Align You to Shine**" or requests about Coaching, Speaking or Sponsorship Opportunities for Steven, visit www.fosteringssuccess.co.

Stay Connected with Steven Benedict online at www.stevieyb.com.

Subscribe to Steven's YouTube Channel at www.youtube.com/channel/UCfOBRuo6oSgthOgi_wzYq5g

Note: Special book discounts are available for corporations, associations and others.

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