

# Celebrate the Night of Mahashivratri with Sadhguru

Join via Livestream on March 11, 8.30p.m - 8:30a.m SGT



**Singapore, Singapore, Feb 23, 2021 ([IssueWire.com](http://IssueWire.com))** - Isha Foundation will celebrate its [27th Mahashivratri event](#) on March 11, from 8.30 p.m - 8:30 a.m (SGT). The event will be live-streamed at [isha.sadhguru.org/msr](http://isha.sadhguru.org/msr) and across major TV channels in India. Mahashivratri is an exuberant night-long festival at the Isha Yoga Center, with explosive meditations and spectacular musical performances by renowned artists, attracting a few million people. The event will be streamed via LIVE satellite feeds in English and 11 Indian languages. Sadhguru will be present throughout the night, conducting guided meditations, including a powerful midnight meditation and Satsang.

Mahashivratri is one of the largest and most significant sacred festival nights in India. This – the darkest night of the year – celebrates the Grace of Shiva, considered to be the Adi Guru or the First Guru, from whom the yogic tradition originates. The night's planetary positions are such that there is a powerful natural upsurge of energy in the human system. It is extremely beneficial for one's physical and spiritual well-being to remain awake and conscious in a vertical position throughout the night. Mahashivratri offers us a unique opportunity to make use of the forces of nature for our well-being and can be enhanced by Mahashivratri sadhana, a preparation for Mahashivratri.

Register for the Livestream and join Sadhguru and other prominent celebrities for an all-night party with the divine that includes:

- Explosive guided meditations accompanied by Dance and Music
- Nightlong Satsang with Sadhguru
- Musical performances by eminent artists

- Bask in the Grace of Shiva, The AdiYogi!

[In the Grace of Yoga](#) with Sadhguru during Mahashivratri is a unique online program offering powerful yogic processes to cleanse and master the five elements within you for ultimate health and well-being. Register today! To get a glimpse of previous Mahashivratri celebrations click [here](#) and for Maha Annadanam, please click [here](#).

For any inquiries please reach out to [media.apac@ishafoundation.org](mailto:media.apac@ishafoundation.org)



## Media Contact

Isha Foundation

[media.apac@ishafoundation.org](mailto:media.apac@ishafoundation.org)

Source : Isha Foundation

[See on IssueWire](#)