

Naureen M. Adam, MD, an Anesthesiologist with Atlanta Spine Alliance

Get to know Anesthesiologist Dr. Naureen M. Adam, who serves patients in Atlanta, Georgia.



New York, New York City, Feb 1, 2021 ([IssueWire.com](http://www.IssueWire.com)) - Dr. Adam, a highly-trained anesthesiologist, works at Atlanta Spine Alliance in Georgia. She has spent most of her professional career in the Atlanta area and is very familiar with the medical needs of its population. She also sees patients at the offices in Conyers and Sandy Springs.

The Atlanta Spine Alliance is a network of leading diagnosticians, health professionals, and experts in diverse fields, all dedicated to the care and resolution of spinal problems. From physical therapy to pain management, to minimally invasive surgical techniques, the experts within the Alliance will guide each patient to the optimum treatment for their condition.

From a very early age, Dr. Adam knew that her passion was the human body and the complexities of how each organ system came together to perform such miraculous functions. She naturally majored in Biology and completed her college education at Emory University. She completed her medical education at the Medical College of Georgia and returned to Emory University to complete her residency in anesthesiology. She then stayed on staff as an Assistant Professor of Anesthesiology at Emory Midtown/Crawford Long Hospital, after which she transitioned to Paces Plastic Surgery and was a staff anesthesiologist there until June of 2011. Her love of learning continued, and she pursued a pain fellowship at Emory University.

She realized during her daily practice that part of being a pain physician was not only fixing/curing pain conditions, but she knew that she needed to delve deeper into prevention. Her passion for aesthetics and wellness grew and she further educated herself in ways to make people's lives better daily from optimizing hormones and subtle enhancements on the outside to improving one's body and mind. She believes in tailoring treatment in an individualized fashion and healthy aging. She is passionate about treating the body as a whole, not the individual systems.

A member of the American Society of Anesthesiologists and the Georgia Society of Anesthesiologists, Dr. Adam is board-certified in anesthesiology and pain medicine by the American Board of Anesthesiology (ABA). As the certifying body for anesthesiologists since 1938, the ABA is committed to partnering with physicians to advance the lifelong learning and exceptional patient care. Its mission is to advance the highest standards of the practice of anesthesiology.

Anesthesiology is the medical specialty concerned with the total perioperative care of patients before, during, and after surgery. It encompasses anesthesia, intensive care medicine, critical emergency medicine, and pain medicine. Anesthesiologists have the primary responsibility of monitoring the patient's vital signs during surgery. In addition to basic measurements such as pulse, blood pressure, and temperature, they measure the patient's respiration.

When she is not improving the lives of her patients, Dr. Adam enjoys being a mom of two beautiful girls, traveling, exercising, reading, and has recently taken up ballroom dancing. She speaks English and is conversational in Urdu and Hindi.

Learn More about Dr. Naureen M. Adam:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1706949-Naureen-Adam-Pain-Management-Specialist> or through Atlanta Spine Alliance, <http://www.atlantaspinealliance.com/providers/naureen-m-adam.html>

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