

## Passionpreneur Publishing announces the global release of Break Free

The inspiring book by Saahil Mehta is now available via major players in the global book distribution field.

**PASSIONPRENEUR**  
P U B L I S H I N G



**United Arab Emirates, Dubai, Feb 11, 2021 ([IssueWire.com](http://IssueWire.com))** - Passionpreneur Publishing has announced the release of *Break Free: A Guide to Decluttering Your Life* by Saahil Mehta via the publishing industry's largest global book distribution networks. The book is anticipated to have an inspiring and profound effect on its target audience.

In this must-read book, Saahil Mehta shares invaluable insights, tools, and techniques on mastering the art of decluttering life by adopting his fool-proof process of breaking free.

Sometimes, life pulls you in all directions, causing great levels of the mental clutter which results in struggles with health, relationships, and money.

On the magical island of Ibiza, among a circle of trusted friends, Saahil took the leap of faith to unmask his true self-thoughts and emotions, joys, and struggles—in a zero judgment environment; this helped Saahil open his eyes to how life could be, without being encumbered by the negative thoughts and opinions of others. This immense feeling of euphoria triggered his journey of conquering the mental clutter that was weighing him down from manifesting his full potential.

Through this book, Saahil shares his experiences, insights, and most important rituals that show you how to grow into a more compassionate leader who can peacefully navigate their transcendental journeys towards better health, wealth, and relationships as they scale their personal summits of desire and destiny. Discover how you too can improve your focus, perform at your physical best, build deep connections, grow your business, and take charge of your life by breaking free of all the clutter holding you back.

The book is now available to inspire readers across the globe through the IngramSpark distribution network and other affiliates which will cover print-on-demand across the UK, Europe, USA, Australia, New Zealand, and the Middle East. The e-book is available in 25+ online bookstores like Amazon, Kindle, Barnes & Noble, and Apple Books in the Middle East.

## **About the Author:**

Saahil is an Entrepreneur and a Passionate Mountaineer who has scaled four of the tallest mountains in the world in the last decade—a dream he honoured since childhood. As a global citizen, Saahil has built successful businesses across three continents; but even thereafter, he struggled to experience peace, happiness, and abundance. Only after he conquered his self-limiting mental, emotional, and physical clutters, he was able to reinvent four key dimensions of his life. With his debut book *Break Free: A Guide to Decluttering Your Life* he shares his journey of how he transcended all odds to scale the summits of his dreams and shows you how to master strategic decluttering to break free and scale your personal summits every single day.

## **About Passionpreneur Publishing:**

An indie publisher, [Passionpreneur Publishing](#) successfully helps entrepreneurs and professional experts become International Authors in as little as 90 days.

[Passionpreneur Publishing](#) specialises in transformational books including business, self-help, personal growth, and spiritual titles in order to help authors share their messages and gain credibility in their chosen fields.

[Passionpreneur Publishing](#) boasts an all-star board of advisors from across the globe covering a wide spectrum of expertise around the books, publishing, and media industry to ensure the application of global best-practice in every service offered and providing a worldwide network of some of the world's top thought leaders.



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