

Amirhassan Bahreman, MD, a Neurologist with The Neurological and Pain Institute, Inc.

Get to know Neurologist Dr. Amirhassan Bahreman, who serves patients in La Mesa, California.



New York, New York City, Mar 24, 2021 (IssueWire.com) - A quadruple board-certified neurologist, Dr. Bahreman is the President of The Neurological and Pain Institute, Inc. in La Mesa, California. His mission is to improve the health and well-being of his patients by delivering compassionate and personalized holistic treatment.

In his private practice, he treats patients with traumatic brain injury, post-traumatic headache disorders, migraines, complex regional pain syndrome (CRPS), neuralgias, seizures, musculoskeletal diseases, Parkinson's disease, stroke, spinal cord injuries, traumatic spinal disease, and peripheral nerve injuries. With a special interest in spinal stenosis, he specializes in painful neuropathies and spinal degenerative disorders causing chronic pain syndrome such as radiculopathies.

Back in 1993, Dr. Bahreman graduated with his medical degree from Mashhad University of Medical Sciences in Iran. He then relocated to the United States, completing his residency in neurology at the Albert Einstein College of Medicine in 2000.

During his residency at Montefiore Hospital, he developed additional expertise in headache disorders, stroke, and neuromuscular diseases. Because of the unique location of Montefiore Hospital in the Bronx, he was exposed to a wide variety of neurological pathologies, including traumatic brain injury. He treated patients with traumatic brain injury, spine injury, and neuromuscular disorders. In the last year of his residency, he had the privilege of directly working with Dr. Richard Lipton and Dr. Lawrence Newman, world-renowned headache experts, which has led to his expertise in diagnosing and managing post-traumatic headache disorders and migraines associated with traumatic brain injury.

Following his residency, Dr. Bahreman entered the fellowship program in neuromuscular disorders at the University of Chicago. He became skilled in electrodiagnostic including electroencephalography, electromyography, and nerve conduction studies.

Upon completion of his fellowship, he joined a local private neurology group and in 2008, he moved to San Diego where he started his own solo practice. Since he finished his official fellowship, he has received additional training, and become certified in various areas such as video nystagmography, posturography, Botox and spasticity, and antiaging medicine.

A member of the American Academy of Anti-Aging Medicine, the doctor is board-certified in general neurology, brain injury medicine, clinical neurophysiology, and vascular neurology by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

As a Sharp HealthCare-affiliated physician, Dr. Bahreman is affiliated with Sharp Community, Sharp Coronado Hospital, Sharp Grossmont Hospital, and Sharp Memorial Hospital. He strives to make a difference every day and to deliver compassionate, personalized health care. He believes in working with his patients to provide the best treatment options and care possible for each individual.

Neurology is a branch of medicine dealing with disorders of the nervous system. Neurologists are licensed medical specialists who diagnose and treat disorders that affect the brain, spinal cord, nerves, and muscles of patients. They examine a patient's mental and physical status, conduct medical tests and scans, and evaluate the results to diagnose and treat the patient.

Currently, Dr. Bahreman's primary interest is in medical-legal neurology with a special focus on

traumatic brain injury (TBI). He provides services as a treating physician and expert witness in neurology for patients with brain or spinal injuries. His expertise has been used by plaintiff and defense attorneys in a variety of neurological cases including TBI, CRPS, and peripheral nerve injuries. In 2017, he testified in a class action lawsuit against Bristol Myers and their drug Plavix. He currently performs and offers a variety of neurological studies that are commonly used in medical-legal cases including electromyography and nerve conduction study, routine electroencephalogram, quantitative EEG with a focus on traumatic brain injury, videonystagmography, posturography, and balance evaluation, and computerized online neuropsychological assessment.

On a more personal note, he speaks English, Farsi, and Spanish.

Learn More about Dr. Amirhassan Bahreman:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1261013-Amirhassan-Bahreman-Neurologist> or through The Neurological and Pain Institute, Inc., <https://neurologicalandpain.com/dr-bahreman/>

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