

## Effective Management Solution Recently Discovered To Combat Increased Physical And Mental Health For Fibromyalgia Patien



**California, Hollister, Mar 3, 2021 ([Issuewire.com](http://Issuewire.com))** - The outcome of a recent Transdermal Magnesium Study, a pilot clinical trial conducted by the National Fibromyalgia Association in February, and published in the *Journal of Integrative Medicine*, has revealed that topical magnesium drastically assists in the management of mental and physical symptoms experienced by Fibromyalgia patients.

According to the association, 10 million US citizens and 3-6% of the global population suffers from fibromyalgia. Research published prior to the clinical trial by medRxiv revealed that Fibromyalgia pain increased with COVID-19 anxiety, however, topical magnesium has now been identified as an effective management option.

During the clinical trial, the role of magnesium in providing benefits was investigated, with research conducted to determine whether or not transdermal magnesium could improve the quality of life for women over 45 who suffer from Fibromyalgia.

Participants applied four sprays of topical magnesium spray to their limbs twice daily for four weeks. Researchers used multiple non-invasive physiological biomarkers to analyse the results. The biomarkers were tracked with a questionnaire. According to the patients who already use [Soothe Magnesium Spray](#) from [Madrigal Creatives](#), the spray provided a reprieve.

"This pilot study suggests that transdermal magnesium chloride applied on upper and lower limbs may be beneficial to patients with fibromyalgia," said one of the researchers. " While fibromyalgia has some effective treatment strategies, most individuals live with chronic symptoms and look for non-conventional treatments in search of relief. All questionnaire responses from participants indicated significant improvement in biomarkers."

Kendra Clark, CEO of Madrigal Creatives said, "It is our desire that we can help people live their best life. Early in our product development, we noticed that our products helped many people, which fueled our development efforts. We are so pleased that science supports our own customer experiences."

Fibromyalgia patients who use Soothe Magnesium Spray as a key component of their Fibromyalgia management reported that they experience an improved positive emotional-physiologic state. This clinical trial forms part of many products and research which place importance on finding innovative treatment options for Fibromyalgia patients.

*Madrigal Creatives offers premium personal care and beauty products as well as a wholesale program for med spas and spas. For more information about [Madrigal Creatives](#) and their quest to get Fibromyalgia patients experiencing the benefits of Living More, visit [Madrigalcreatives.com](#). Alternatively, email [Kendra@MadrigalCreatives.com](mailto:Kendra@MadrigalCreatives.com) or call (831) 673 1334.*

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