

Benjamin Craig, DACM, LAc, an Acupuncturist with Benjamin P Craig Acupuncturist P.C.

Get to know Acupuncturist Dr. Benjamin Craig, who serves patients in Port Jefferson and Melville, New York.



New York, New York City, May 26, 2021 (Issuewire.com) - Dr. Craig is a licensed acupuncturist and Chinese herbalist, a Registered Yoga Teacher, and a Reiki Master-Teacher. The Founder of Benjamin P Craig Acupuncturist P.C., he schedules acupuncture and wellness sessions at his offices in Port Jefferson and Melville, New York.

Offering acupuncture, cupping, Reiki, moxibustion, and nutrition-based medicine, some of the conditions/issues that he treats include: aches & pains, allergies, anxiety, stress, depression, asthma and sinus conditions, constipation, digestive disorders, scar reduction, and facial rejuvenation, fatigue, fertility/infertility, headaches and migraines, insomnia, irritable bowel syndrome, colitis, Crohn's disease, jetlag, hangovers, menopausal syndrome, menstrual irregularities/pain, PMS, pregnancy health, 3rd-trimester pain relief, pre and post-operative preparation and recovery, scoliosis/lordosis maintenance/care and reduction, smoking cessation, shingles, vertigo, as well as tune-ups, general health, and mental health maintenance.

Academically, Dr. Craig holds a Bachelor's degree in History from Fordham University, a Master of Science degree in Traditional Oriental Medicine, and a Doctor of Acupuncture and Chinese Medicine

degree from the Pacific College of Health and Sciences. He began his course of study in Acupuncture and Chinese Medicine at the Pacific College of Health and Science in New York City and San Diego, California.

During his tenure at Pacific College, he completed his internship in the Hematology and Oncology unit at the Rady Children's Hospital of San Diego. He also worked extensively treating addictions and post-traumatic stress disorders at the Veteran's Village of San Diego Rehabilitation Center. After returning to New York in 2009, he founded Benjamin P Craig Acupuncturist P.C., a Holistic Eastern Medical Practice on Long Island.

Being a Registered Yoga Teacher; RYT-200, Dr. Craig has completed 200 hours of yoga teacher training at the Hari-Om Yoga School in Costa Rica. He is also a certified Reiki Master Teacher, attuned by Rosemary DeTrollo RMT of the Usui Shiki Ryoho Tradition. He teaches Reiki throughout Long Island.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of physical and psychological issues, such as anxiety, depression, insomnia, pain, digestive disorders, and infertility.

In conjunction with his work in holistic medicine and lifestyle modification, Dr. Craig is an international lecturer speaking to audiences throughout the United States and abroad on the benefits of acupuncture and other holistic medicines and modalities. He has worked with Blanca's House and Global Clinic, two not-for-profit international medical relief organizations based in New York. During his work with these organizations, he has treated hundreds of patients with acupuncture in Nicaragua, Ecuador, and the Dominican Republic.

In early 2022 Dr. Craig will be expanding his practice to Sarasota, FL. There he will be available weekly for private treatments and consultations, as well as speaking and teaching engagements.

Learn More about Dr. Benjamin Craig:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1693489-Benjamin-Craig-Acupuncturist> or through Benjamin P Craig Acupuncturist P.C., <https://www.benjamincraig.org/contact-us.html>

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Source : Benjamin Craig, DACM, LAc

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