

Cat Dang, DO, a Child and Adult Psychiatrist with Insightful Minds, Inc

Get to know Child and Adult Psychiatrist Dr. Cat Dang, who serves patients in Newport Beach, California.



New York, New York City, May 14, 2021 (IssueWire.com) - Dr. Dang is a caring and detail-oriented child and adult psychiatrist, with a breadth of mental health and medical knowledge. She sees patients at Insightful Minds, Inc.

Located in Newport Beach, California, Insightful Minds, Inc is an outpatient mental health office providing outpatient therapy and psychiatry services for clients. Its award-winning specialists are highly trained and passionate about mental health, but most importantly, they are entirely focused on the well-being of clients. The specialists are supported by skilled administrative staff who share a similar goal - that clients come first.

“In my practice, the most important person is you, my client. I will take the time to listen to you, to understand your unique situation, and to review available medical information. I will look beyond obvious symptoms and will try to uncover other medical and behavioral issues. Then, we will discuss a variety of recommendations that, in my experience, provide the greatest likelihood of improvement for your condition. It is your choice to decide which recommendation to move forward with. These may include medication options, therapy options, and other lifestyle changes” expressed Dr. Dang.

Prior to her current endeavours, she was Medical Director of Gateways Hospital in Los Angeles where she was responsible for several mental health inpatient units and residential facilities. She was also an Assistant Clinical Professor at the USC Keck School of Medicine and supervised many rotations of medical students at Gateways Hospital. She has given mental health presentations to groups such as the American Academy of Pediatrics, CHADD, and NAMI.

Academically, Dr. Dang graduated Cum Laude in Biological Sciences from the University of California at Irvine (UCI). She then went on to attend Western University to become a Doctor of Osteopathic Medicine. She completed her residency in psychiatry at UCLA/San Fernando Valley and her fellowship in child and adolescent psychiatry at Cedars-Sinai Medical Center, where she was awarded for excellence in patient care.

With a commitment to excellence, she is a Diplomate of the American Osteopathic Board of Neurology and Psychiatry (AOBNP). The AOBNP is an organization that provides board certification to qualified Doctors of Osteopathic Medicine (DO) who specialize in disorders of the nervous system (neurologists) and to qualified Doctors of Osteopathic Medicine who specialize in the diagnosis and treatment of mental disorders (psychiatrists).

Licensed by the state of California as an osteopathic physician and surgeon, Dr. Dang is on medical staff at Gateways Hospital and affiliate staff at Hoag Memorial Hospital Presbyterian. She is also a member of the American Medical Association, the American Psychiatric Association, and the Orange County Psychiatric Society.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Throughout her fruitful career, Dr. Dang has won numerous awards including: Regional Top Doctors (Castle Connolly), Patients' Choice Award (2013, 2014, 2015, 2016), On-Time Doctor Award (2014, 2015, 2016), Compassionate Doctor Recognition (2013, 2015), and Top 10 Doctor - City (2014).

Learn More about Dr. Cat Dang:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3558111-Cat-Dang-Psychiatrist> or through Insightful Minds, Inc, <http://www.insightfulminds.org/our-center/mental-health-specialists>

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