

Joanna Martin, DC, a Chiropractor with Cross Timbers Family Chiropractic

Get to know Chiropractor Dr. Joanna Martin, who serves patients in Stephenville, Texas.



New York, New York City, Jun 17, 2021 (Issuewire.com) - Dr. Martin spent the majority of her life in North-central Washington State, where she got to enjoy growing up in the country. She and her younger sister were pretty much inseparable when they were kids and spent most of their time outside playing and getting as much animal company as they could.

Years later, after going to college to earn her Medical Lab Technician degree, she decided she was ready for a change and ended up moving to Stephenville, Texas, and began working at various

hospitals in the area.

When she moved to Texas, becoming a chiropractor was nowhere in the picture. In fact, she hardly even knew what a chiropractor was. And, the thought of going back to school for another 4 years was not appealing to her. However, all of that changed after her little sister, who had spent about the last 8 years of her life suffering from horrible, 24/7 headaches, started seeing a chiropractor and finally started receiving relief. This was the start of a whole new path for her life. After seeing the changes chiropractic helped her achieve, Dr. Martin had to learn more about it. And the more she learned, the more interested she became until finally, she made the decision to go back to school to earn her Doctor of Chiropractic degree from Parker University in Dallas.

Now done with school, back in Stephenville, Dr. Martin is serving the people in her community at Cross Timbers Family Chiropractic.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Joanna Martin:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/82739274-Joanna-Martin-Chiropractor> or through Cross Timbers Family Chiropractic, <https://www.crosstimbersfc.com/our-staff>

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