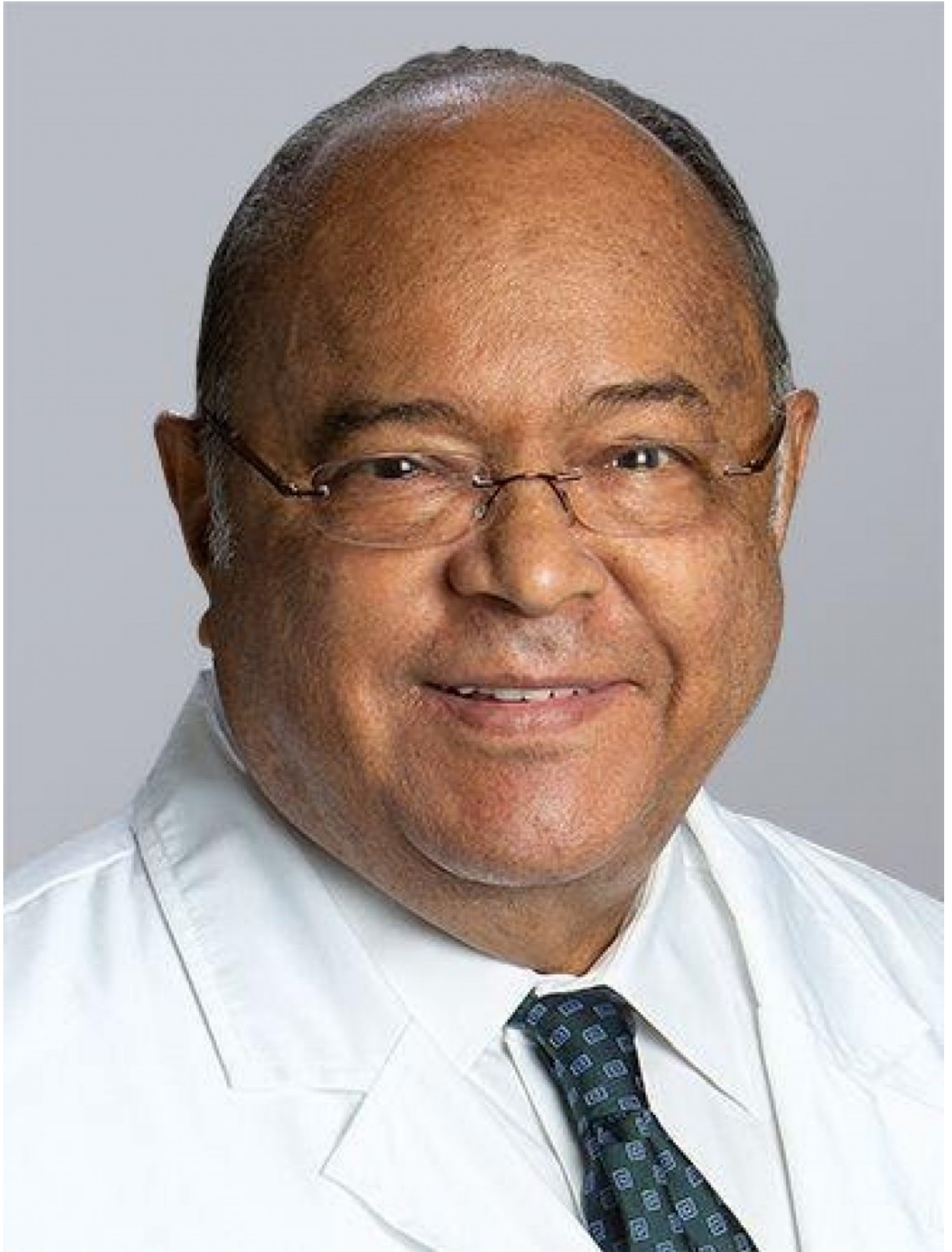


## **Jose J. Contreras, MD, a Urologist with New York Health Fort Washington**

Get to know Urologist Dr. Jose J. Contreras, who serves patients in New York, New York.



**New York, New York City, Jun 4, 2021 ([IssueWire.com](https://www.issuewire.com))** - Dr. Contreras is a talented urologist, working out of New York Health's Fort Washington location, at 286 Fort Washington Avenue. He specializes in urology and general surgery, treating patients with conditions such as prostatitis, urinary incontinence, erectile dysfunction, kidney stones, and prostate cancer, among others.

New York Health (NYHealth) is the premier center for primary and specialty care services. Its network of outstanding physicians specializes in family medicine, internal medicine, physical therapy, nephrology, neurology, rheumatology, surgery, and urology. At NY Health, the physicians are dedicated to healthcare excellence and provide highly professional, sensitive, and personalized care. They continuously strive to keep care close to home for patients and their families.

Alongside his clinical practice, Dr. Contreras serves as an Assistant Professor of Urology at New York University and Columbia University College of Physicians.

Throughout his illustrious career, he was an attending physician at Flower and Fifth Hospital, Jewish Memorial Hospital, Cabrini Medical Center, NYU, and Columbia in New York. He served as Director of the Community Urology Project of Columbia in 1997.

While in the military, Dr. Contreras became a Major, then became a Colonel. He served as Chief of Urology Services at Fort Jackson in 1971. He also served as Chief of Urology Services at Fifty General Hospital, Stuttgart, West Germany, and at Walson Army Hospital in New Jersey. While serving, he was awarded the Bronze Star, the Vietnam Service Medal, and the National Defense Service Medal, and the Armed Forces Medal.

Regarding his educational background, Dr. Contreras earned his medical degree from the University of Santo Domingo in the Dominican Republic. After relocating to the United States, he went on to complete his internship at Presbyterian Community Hospital, his residency in general surgery at the VA Medical Center, and multiple residencies in urology at the University of Puerto Rico. He was also trained in the Medical Department Officer course in the US Army.

Licensed to practice medicine in New York, the doctor is board-certified in urology by the American Board of Urology (ABU). The mission of the ABU is to act for the benefit of the public by establishing and maintaining standards of certification for urologists, and working with certified urologists to achieve lifelong learning to ensure the delivery of high quality, safe, and ethical urologic care.

Among his professional affiliations, Dr. Contreras is a member of the Federal Government Service Urologists of Puerto Rico, the American College of Surgeons, the Dominican Medical Society, and the New York Academy of Medicine.

Urology, also known as genitourinary surgery, is the branch of medicine that focuses on surgical and medical diseases of the male and female urinary tract system and the male reproductive organs. Urologists specialize in diseases of the urinary tract and the male reproductive system. Patients may be referred to a urologist if their physician suspects they may need treatment for a condition relating to the bladder, prostate, urethra, ureters, kidneys, and adrenal glands.

#### **Learn More about Dr. Jose J. Contreras:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2510883-Jose-Contreras-Urologist> or through New York Health, <https://nyhealth.com/doctors/jose-contreas-m-d/>

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

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Source : Jose J. Contreras, MD

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