

## AboutYourfriends Unveils New Look & Adds Advice Columnist Liz Manning to the Team

Liz Manning is an advice columnist giving out honest advice on maintaining healthy friendships.



**New York, New York City, Jul 19, 2021** ([Issuewire.com](http://Issuewire.com)) - [Friendship](#) website

AboutYourFriends.com (AYF) overhauled its website to include aspects of the original vision such as the “Let Go & Vent” and “Forgive Me” features. “The addition of Liz will help us reach more people and help solve more problems,” says Founder LaToya Byfield.

AboutYourFriends offers friends a place to celebrate their friendships by telling their own [friendship stories](#). Even though the site is dedicated to celebrating friendships the team knows not all friendships are good or “true” so they decided to add a vent section for those who need to release some “frustration.

AYF has included a “Forgive Me” section for those who need to apologize to their friends. “People make mistakes and [asking for forgiveness](#) will often mend a friendship or get the friendship back on track,” says Byfield.

To further celebrate friendship AYF has created a contest for the best “True Friend” story. This is a friendship activity so it requires two friends. Each friend must write a story about the other person and submit at <https://aboutyourfriends.com/friendship-story-contest/>.

Stories must contain the following:

- Your definition of friendship.
- Why is this person your friend?
- How has your friend shown that he or she is a “true friend”?
- Why is your friendship so special?
- Must be at least 300 words
- Include a photo of the two of you

Tell us your story and you and your friend will have a chance to each [win some fun prizes](#).

First place winners will win a \$100 Amazon gift card and a true friend t-shirt. Second place winners will win a \$50 Amazon gift card and a true friend t-shirt. Third place winners will win a \$25 gift card and a true friend t-shirt.

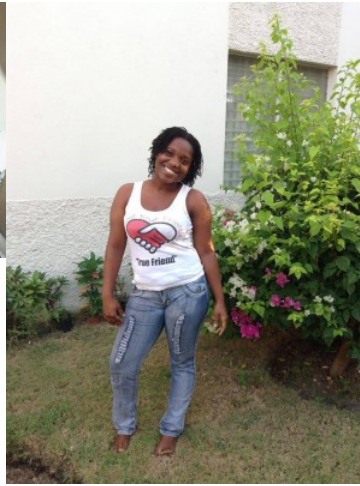
## About

AboutYourFriends.com is dedicated to celebrating friendships. Users can add their own stories and photos of friendship. The site will be updated weekly and offer insights on how to be a good friend, advice and tips on knowing your boundaries and how to be a “true friend.” Their slogan is “Love, Laughter & Trust is the Cornerstone of True Friendship.”

For more information please visit: <https://aboutyourfriends.com>

Instagram: <https://instagram.com/aboutyourfriends>

Facebook: <http://www.facebook.com/AboutYourFriends>



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