

## **Amy Liebl Darter, MD, an Allergist and Immunologist with the Oklahoma Institute of Allergy Asthma & Immunology**

Get to know Allergist and Immunologist Dr. Amy Liebl Darter, who serves patients in Oklahoma City, Oklahoma.



**New York, New York City, Aug 26, 2021 ([IssueWire.com](https://www.issuewire.com))** - Dr. Darter, an expert allergist, an immunologist is the Medical Director of the Oklahoma Institute of Allergy Asthma & Immunology in Oklahoma City, Oklahoma.

Passionate about the one-on-one connection she has with her patients, she likes taking time to fully get to know them and tailors a patient-specific plan to improve quality of life, wellness, and living with vitality. She implements both Eastern and Western medicine, as well as treats patients through lifestyle changes and medical-grade supplements. She is a firm believer in gut health/nutraceuticals and how it affects wellness and vitality.

Born and raised in Oklahoma, Dr. Darter has lived and served in Oklahoma for all but two years of her professional life. She attended Oklahoma State University where she earned a Bachelor of Science degree in Physiology. While attending Oklahoma State, she stayed active on campus as a member of Kappa Alpha Theta Sorority.

She then went on to attend The University of Oklahoma College of Medicine where she graduated with Honors and received her medical degree. While in medical school, Dr. Darter was inducted into the Alpha Omega Alpha Honor Medical Society. She completed her training at The University of Oklahoma Health Sciences Center where she became a board-certified internist, after serving as Chief Medical Resident of Internal Medicine. She spent two years at the University of Texas Southwestern, Children's Medical Center of Dallas, and Parkland Memorial Hospital, one of the leading clinical allergy and immunology centers in the country.

In 2003, she attained board certification in allergy and immunology through the American Board of Allergy and Immunology (ABAI). The mission of the ABAI is to improve the quality of medical care by the development and utilization of professional and educational standards for the initial certification and maintenance of certification of physician specialists in allergy and immunology.

Following her formal training, Dr. Darter created the Oklahoma Institute of Allergy Asthma & Immunology in 2004, serving as the Medical Director for more than fifteen years. She has brought the original rapid desensitization immunotherapy to Oklahoma. Her research on food allergy, asthma, allergic rhinitis, eczema, and immunodeficiency has brought cutting-edge new therapies for many patients.

Licensed to practice medicine in Oklahoma, she is affiliated with Mercy Hospital Oklahoma City and Oklahoma City Veterans Affairs Medical Center.

Remaining cutting-edge and up-to-date in her sub-specialty by holding professional memberships in a host of professional organizations, Dr. Darter has the honor and distinction of being a Fellow of the American College of Allergy, Asthma and Immunology (FACAAI) and a Fellow of the American Academy of Allergy Asthma and Immunology (FAAAAI).

Allergy and immunology involve the management of disorders related to the immune system. These conditions range from the very common to the very rare, spanning all ages and encompassing various organ systems. An allergist/immunologist is a physician specially trained to diagnose, treat, and manage allergies, asthma, and immunologic disorders, including primary immunodeficiency disorders.

Demonstrating expertise in all areas of her speciality, Dr. Darter has numerous publications in the field of allergy and immunology, as well as leads the education of other physicians on immune deficiency diagnosis and treatment.

Outside of the office, she appreciates the simpler things in life. She enjoys spending time with her three beautiful daughters, which they are actively involved in sports and scholastic activities. Some of the things that make her happy include traveling with her family, exercising, nutrition, reading, and attending Life Church.

### **Learn More about Dr. Amy Liebl Darter:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2699598-Amy-Darter-Doctor>, through Integrative Allergy, Asthma & Immunology, <https://www.amyiebldartermd.com/> or through the Oklahoma Institute of Allergy Asthma & Immunology, <https://okallergy.com/providers>

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