

## Mahyar Sadeghi, MD, an Internist with Saddleback Medical Group, Inc.

Get to know Internist Dr. Mahyar Sadeghi, who serves patients in Laguna Hills, California.



**New York, New York City, Aug 27, 2021 ([Issuewire.com](https://www.issuewire.com))** - Distinguished as a well-versed internist, Dr. Sadeghi is affiliated with Saddleback Medical Group, Inc. She specializes in check-ups, physicals, vaccination, and weight loss.

Saddleback Medical Group (SMG) in Laguna Hills, California was formed in 1996 by combining the successful medical practices of several well-known and established physicians. Its goal is to be the community's first choice when seeking high-quality physicians. The physicians strive to establish a personal relationship with their patients and take pride in providing an environment where each patient is afforded top-quality care in a comfortable atmosphere.

Academically, Dr. Sadeghi received her medical degree from the Karolinska Institute in Stockholm, Sweden. She completed two internal medicine residencies - the first at Danderyd Hospital in Stockholm, Sweden, and the second at LA County USC Medical Center in Los Angeles, California.

Licensed to practice medicine in both California and Sweden, the doctor is board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent

common and complex diseases by providing comprehensive care and promoting overall well-being.

In addition to her medical duties, Dr. Sadeghi is a mother to two young boys. Her favorite activities include reading, cooking, hiking, traveling, and swimming. She is also a former Stockholm Table Tennis Champion, and fluent in English, Swedish, and Farsi.

**Learn More about Dr. Mahyar Sadeghi:**

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2263950-Mahyar-Sadeghi-Hospitalist> or through Saddleback Medical Group, Inc.,

<http://www.saddlebackmedicalgroup.com/MeetOurDoctors/MedicalStaff/DrMahyarSadeghi.aspx>

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