

Naheed Saleem, MD, Psychiatrist, Alexandria Behavioral Center

Get to know Psychiatrist Dr. Naheed Saleem, who serves patients in Alexandria, Virginia.



New York, New York City, Aug 18, 2021 ([IssueWire.com](http://www.IssueWire.com)) - Dr. Saleem is a trusted psychiatrist seeing patients at Alexandria Behavioral Center located in Alexandria, Virginia. She specializes in the treatment of women's mental health issues, post-traumatic stress disorder, opioid use disorder, alcohol use disorders, bipolar disorder, attention-deficit/hyperactivity disorder, depression, anxiety disorders, and panic disorder.

After completing her residency at Eastern Virginia Medical School in 2002, she has gone on to work with the Veterans Affairs Medical Center for more than 20 years and run her private practice. Even with years of extensive experience with complicated issues, she remains an approachable and compassionate health care professional with excellent listening skills.

Subsequent to her education, she attained board certification in psychiatry through the American Board of Psychiatry and Neurology, a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Dr. Saleem is an active member of APA, lifetime member of APPNA. She provides her time to the Carpenters homeless shelter in Alexandria. She enjoys reading, traveling, playing tennis, and biking.

Learn More about Dr. Naheed Saleem:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/708585-Naheed-Saleem-Psychiatrist> or through Alexandria Psychiatry, <https://alexandriapsychiatry.com/about-us/>

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