

Providence RI Chiropractor Dr. Mark Mulak Now Offers Dry Needling at CitySide Chiropractic



Rhode Island, Providence, Aug 10, 2021 (IssueWire.com) - Dr. Mark Mulak, a [Providence RI Chiropractor](#) at CitySide Chiropractic, with offices in Providence RI, and Cranston RI, complete specialty training and now provides dry needling to his patients. Dry needling is a valuable component of an individualized treatment plan for people suffering from neck pain, back pain, and sports injuries. Virtually everyone can relate to the feeling of muscular stiffness, aches, and pains. Tender points or “knots” within muscles often cause pain, which disrupts an individual ability to function. Medically, these “knots” are termed myofascial trigger points. Dry needling is a safe, researched-based treatment approach that utilizes a tiny needle to reduce pain within these points, restore function, and help people return to their normal activities.

[CitySide Chiropractic](#), an injury base clinic, primarily treats patients who are in pain and suffering from musculoskeletal complaints. With science backing up this highly effective treatment, the integration of dry needling made perfect sense to this [Rhode Island chiropractor](#). With board certifications in Chiropractic Sports Medicine and Chiropractic Rehabilitation, [Dr. Mark Mulak](#) uses dry needling on a regular basis to assist his patients on their path to recovery.

Most patients find dry needling extremely beneficial, especially when combined with regular chiropractic treatment provided at CitySide [Chiropractic in Providence RI](#). Dr. Mark Mulak is proud to offer his patients this advanced treatment technique, helping patients resolve their injuries efficiently and effectively.

To learn more about dry needling and Chiropractic care provided by Dr. Mark Mulak, please call (401) 272-5710. [CitySide Chiropractic](#) proudly serves Rhode Island residents from Providence RI, Cranston RI, Warwick RI, Pawtucket RI, Johnston RI, and surrounding areas.

Note to Editors: Dr. Mark Mulak, DC is available as an expert source on chiropractic. Please call him at (401) 272-5710.

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