

## **Firas Akhrass, MD, an Endocrinologist with Diabetes & Glandular Disease Clinic**

Get to know Endocrinologist Dr. Firas Akhrass, who serves patients in San Antonio, Texas.



**New York, New York City, Sep 15, 2021 ([IssueWire.com](https://www.IssueWire.com))** - Dr. Akhrass is a highly experienced physician with 20 years in the field of endocrinology, diabetes, and metabolism, both in private practice and research. He joined the Diabetes & Glandular Disease Clinic in San Antonio, Texas as the sixth partner in February of 2007. His areas of expertise include diabetes mellitus, obesity, diseases of the thyroid, and PCOS.

Founded in July of 1979, the Diabetes & Glandular Disease Clinic (DGD) offers the best in treatment for hormonal and metabolic disorders such as type 1, type 2 and gestational diabetes, thyroid disease, osteoporosis, lipid disorders (high cholesterol), pituitary and adrenal gland disease, menstrual disorders and hirsutism (excessive facial hair on women). The board-certified physicians continue to strive for innovative treatments while serving their communities with excellence in patient care in all departments within the clinic and will continue to carry out this legacy in the years to come.

Prior to joining DGD, Dr. Akhrass was the Chief of Staff at Christus Santa Rosa Hospital Medical Center, and was on staff at Dodge City Medical Center.

A Syrian native, he received his medical degree, graduating in the top 10% of his class, from Aleppo University School of Medicine in April of 1993. He then completed his residency in internal medicine at Union Memorial Hospital and his fellowship in endocrinology, diabetes, and metabolism at Rush-Presbyterian-St. Luke's Medical Center in Chicago, Illinois in 2001.

Accomplished in the field of research and a published author, Dr. Akhrass has had articles in peer-reviewed journals. He is an active member of several esteemed professional groups, including the Endocrine Society, the American Diabetes Association, the American Association of Clinical Endocrinologists, and the Texas Medical Association.

An authority in his field, he is board-certified in endocrinology, diabetes, and metabolism & internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Endocrinology is a branch of biology and medicine dealing with the endocrine system, its diseases, and its specific secretions known as hormones. Endocrinologists have the training to diagnose and treat hormone imbalances and problems by helping to restore the normal balance of hormones in the body. The common diseases and disorders of the endocrine system that endocrinologists deal with include diabetes mellitus, as well as adrenal, pituitary, and thyroid disorders, among others.

Highly regarded by his patients and peers, Dr. Akhrass has been the recipient of the Patients' Choice Award (2020, 2018, 2012, 2011, 2010), Compassionate Doctor Recognition (2020, 2012, 2011), On-Time Doctor Award (2020), Top 10 Doctor - Metro Area (2014), Top 10 Doctor - City (2014), and is on the Healthgrades Honor Roll.

**Learn More about Dr. Firas Akhrass:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2462787-Firas-Akhrass-Endocrinology-Diabetes> or through Diabetes & Glandular Disease Clinic, <https://dgdclinic.us/about->

[us/providers/dr-firas-akhrass/](https://www.issuewire.com/us/providers/dr-firas-akhrass/)

### **About FindaTopDoc.com**

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

### **Media Contact**

Your Health Contact

[clientservice@yourhealthcontact.com](mailto:clientservice@yourhealthcontact.com)

Source : Firas Akhrass, MD

[See on IssueWire](#)

