

John J. Katona, MD, an Orthopedic Surgeon with Eastern Orthopedic Associates

Get to know Orthopedic Surgeon Dr. John J. Katona, who serves patients in Teaneck, New Jersey.



New York, New York City, Sep 1, 2021 ([IssueWire.com](https://www.issuewire.com)) - A committed orthopedic surgeon, Dr. Katona is a part of the team of professionals at Eastern Orthopedic Associates. He specializes in joint replacement, arthroscopy, and fracture treatment. He also finds that being a member of a dynamic group of doctors provides an invaluable opportunity for collaboration among surgeons and broader surgical experience than that of the solo practitioner.

Having performed literally thousands of joint replacements and arthroscopies, and setting tens of thousands of fractures, he still regards each procedure – and each patient – as completely unique. He firmly believes this perspective to be essential to securing the best possible outcome for every patient, a mission to which he is still firmly committed.

Eastern Orthopedic Associates, located in Teaneck, New Jersey, is at the forefront of orthopedics, providing the most technologically advanced treatment of injuries, with special expertise in sports medicine, hip replacement, knee replacement, and spine surgery. Its goal is to help its patients return to their favorite activities pain-free.

Throughout his career, Dr. Katona has served as Chief of Orthopedics at Holy Name Hospital, President of the Holy Name Hospital Medical Staff in 1993 – 1994, and Director of Surgery from 1995 – 2001. He served on Holy Name's Executive Committee and was also Chairman of the Bylaws Committee. Furthermore, he was an Assistant Clinical Professor of Orthopedic Surgery at the Albert Einstein and Jacobi Hospital for many years.

As an avid and enthusiastic athlete growing up, he experienced multiple fractures and ligament injuries. Despite these mishaps, his passion for sports continued unabated through medical school at George Washington University and persisted even though his general surgical residency.

Eventually, his interest in sports evolved into an interest in sports medicine. Dr. Katona completed his orthopedic residency at McGill University in Montreal, Canada. While in Montreal, he was drafted into the U.S. Army and served in Turkey as a general medical officer. After a stint at Fort Patterson Army hospital in New Jersey, he returned to McGill to complete his orthopedic training in 1977.

A member of the American College of Surgeons, the doctor is board-certified in orthopedic surgery by the American Board of Orthopedic Surgery (ABOS). The ABOS is an organization with the goal of establishing educational and professional standards for orthopedic residents and surgeons as well as evaluating the qualifications and competence of orthopedic surgeons.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

A Castle Connolly Regional Top Doctor, Dr. Katona has also received the Top Doctor Award by Jersey's Best Magazine in 2017, 2018, 2019, 2020, the Top Orthopedic Doctor Award in Jersey's Best Magazine in 2017 and 2018, and the Top Doctor Award in New York Magazine in 2021.

Attributing his success to hard work and patience, he enjoys playing tennis and skiing in his spare time. His favorite professional publication is Orthopedics Today.

Learn More about Dr. John J. Katona:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8128152-John-Katona-orthopaedic-surgeon> or through Eastern Orthopedic Associates, <https://www.easternorthopedics.com/dr-john-j-katona-m-d/>

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