

Arundathi Rao, MD, FACS, FASMBS, a Bariatric Surgeon with Sarasota Memorial Hospital

Get to know Bariatric Surgeon Dr. Arundathi Rao, who serves patients in Sarasota, Florida.



New York, New York City, Oct 11, 2021 ([IssueWire.com](https://www.IssueWire.com)) - A board-certified and fellowship-trained bariatric surgeon, Dr. Rao is the Medical Director of the Sarasota Memorial Hospital Bariatric and Metabolic Health Center. As such, she oversees the full range of medical, surgical, and support services provided by the hospital and its bariatric team.

Founded in 1925, Sarasota Memorial Hospital is the flagship, 829-bed, acute-care hospital of the Sarasota Memorial Health Care System. It is the only hospital in the Suncoast region continuously ranked among the top hospitals in the nation, providing superior patient outcomes, advanced specialties, and a range of preventive screening, diagnostic and post-acute services.

Recruited not only for her expertise and success in advanced, minimally invasive weight-loss procedures but also for her compassionate, comprehensive, and personal approach to helping patients lose weight and resolve obesity-related health issues, Dr. Rao welcomes questions and aims to ensure that patients have a complete understanding of their surgical options and treatment plans for overcoming obesity.

Her specialties and practice focus on advanced surgical procedures for weight loss, including da Vinci-assisted, robotic bariatric surgery, roux-en-y gastric bypass, sleeve gastrectomy (gastric sleeve), adjustable gastric banding (lap banding), and complex revisions or repairs of previous bariatric procedures.

Graduating with her medical degree from St. George's School of Medicine, Dr. Rao completed her residency at the Morehouse School of Medicine in Atlanta, Georgia, and her fellowship in bariatric, minimally invasive, and robotic surgery at Celebration Hospital in Celebration, Florida.

As a testament to her continued education, she is board-certified in bariatric surgery and general surgery by the American Board of Surgery (ABS). The ABS is an independent, non-profit organization located in Philadelphia, Pennsylvania, founded for the purpose of certifying surgeons who have met a defined standard of education, training, and knowledge.

Maintaining fellowship status, Dr. Rao is a Fellow of the American College of Surgeons (FACS), and the American Society for Metabolic and Bariatric Surgery (FASMBS).

Among her other roles, she regularly hosts Meet the Surgeon seminars, where patients can learn more about the SMH bariatrics program and have all of their weight-loss surgery questions answered. She also serves as the bariatric surgeon on staff at First Physicians Group in Sarasota, Florida.

Bariatric surgery (or weight loss surgery) includes a variety of procedures performed on people who are obese. Long-term weight loss through Standard of Care procedures (Roux en Y Bypass, Sleeve Gastrectomy, and Biliopancreatic Diversion with Duodenal Switch) is largely achieved by altering gut hormone levels that are responsible for hunger and satiety, thereby leading to a new hormonal weight set point. A doctor who specializes in this type of surgery is known as a bariatric surgeon.

Learn More about Dr. Arundathi Rao:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2498872-Arundathi-Rao-Surgeon> or through Sarasota Memorial Hospital, <https://www.smhbariatrics.com/arundathirao/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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