Carmel R. Heinsohn, MD, a Psychiatrist with Bournewood Health Systems

Get to know Psychiatrist Dr. Carmel R. Heinsohn, who serves patients in Brookline, Massachusetts



Dr. Heinsohn has led Bournewood Health System's attending physician staff for 14 years. Her administrative and clinical expertise is wide-ranging with many years of experience as medical director at other area hospitals and director of psychiatric emergency services at the former Boston City Hospital (now the Boston Medical Center).

Her role at Bournewood includes oversight of Boston University psychiatric residents and medical students who train at Bournewood Hospital. She is dedicated to reducing and preventing the use of restraint in the treatment milieu, prompting the Department of Mental Health, Bournewood's licensing authority, to recognize the hospital with exemplary effort. Her deep commitment to dignified and respectful patient care has established Bournewood services and programs as a leader in patient-first approaches to care.

Back in 1986, Dr. Heinsohn graduated with her medical degree from the Boston University School of Medicine. She then completed her internship at Caritas Carney Hospital and her residency in psychiatry at Boston University Medical Center.

In pursuit of clinical excellence, the doctor is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

In addition to her leadership role, Dr. Heinsohn oversees patient care and treatment and all clinical programs at Bournewood, often providing direct care for patients and consultation to attending psychiatrists throughout the hospital system.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Carmel R. Heinsohn:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/2335084-Carmel-Heinsohn-psychiatrist-Chestnut-Hill-MA-02467 or through Bournewood Health System, https://www.bournewood.com/meet-our-team/

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Source: Carmel R. Heinsohn, MD

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