

## Dr. Takeshi Komatsu, L.Ac., A.T.,C., DAOM, an Acupuncturist with Japanese Healing, Inc.

Get to know Acupuncturist Dr. Takeshi Komatsu, who practices in Los Angeles, California.



**New York, New York City, Oct 28, 2021 ([IssueWire.com](http://IssueWire.com))** - Recognized as an authority in acupuncture and herbal medicine, Dr. Komatsu is the first doctor and Certified Athletic Trainer (ATC) to be licensed in both Japan and the U.S.A. in his field. The Founder of Japanese Healing, Inc. in Los Angeles, California, he specializes in treating sports injuries and recovery in both the physical and mental aspects.

Over the years, Dr. Komatsu has worked with World Champion Olympians and Sports Teams, including the NEC Women's Professional Volleyball Team (Japan), the US Olympic Track and Field Team, the US Olympic Water Polo Team, and various NCAA Championship Teams. He regularly helps athletes return to the top of their form quickly using techniques such as shiatsu (acupressure), moxibustion (heating penetrating deep tissue acupuncture), anma (Japanese therapeutic massage), strengthening, and conditioning.

He made his world debut as an acupuncturist and athletic trainer for the U.S.A. Olympic team (Track and Field Team, Seoul Olympic 1988). "This was right before the Seoul Olympics. At the time, I was busy giving athletes treatments like acupuncture, massage, sports taping, and first aid. At first, I thought that Americans do not like acupuncture because of their reliance on Western medicine. But, most

athletes were very interested in Oriental medicine and requested my treatments. These athletes asked me to come to America and show my technique. There were no acupuncturists in the sports field. I wanted to learn more about sports and Western medicine and blend two different medicines into my new treatments. I came to America in 1989 with little English, but big dreams. I decided to get an American (Bachelor's) degree in Sports Medicine from California State University, Long Beach to round out my knowledge and expertise" as stated by the doctor.

Additionally, he has taught at Emperor's College of Traditional Oriental Medicine since 2007 and Yo San University since 2015.

Named a Top Doctor for Acupuncture & Oriental Medicine in Los Angeles in 2018, 2020, 2021, he also teaches as a professor at the California Sports Medicine Center (since 1993). He holds a Doctorate of Acupuncture & Oriental Medicine (DAOM) from the Emperor's College of Traditional Oriental Medicine.

Acupuncture is a form of alternative medicine and a key component of Traditional Oriental Medicine in which thin needles are inserted into the body. The practice is also used to maintain general health. Acupuncturists treat a variety of physical and psychological issues like internal medicine hypertension or anxiety.

When he is not treating patients, Dr. Komatsu can be found on the field playing for the LA Powers (a Japanese baseball team), on the hill shredding on his snowboard, or singing vocals for a local band.

### **Learn More about Dr. Takeshi Komatsu:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2067913-Takeshi-Komastu-acupuncturist-Los-Angeles-CA-90064> or through Japanese Healing, Inc. <https://japanesehealing.com/about-us/introduction/?lang=en>

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Source : Dr. Takeshi Komatsu, L.Ac., A.T.,C., DAOM

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