

## **Rhea N. Mehra, MD, a Psychiatrist specializing in pharmacological management of psychiatric disorders.**

Get to know Psychiatrist Dr. Rhea N. Mehra, who serves patients in Virginia.



**New York, New York City, Oct 21, 2021 ([Issuewire.com](https://www.issuewire.com))** - A competent psychiatrist, Dr. Mehra works with patients in her private practice in Sterling and Alexandria, Virginia. She specializes in the pharmacological management of most psychiatric disorders and electroconvulsive therapy (ECT). She treats patients of all age groups.

Academically, she has completed her residency in Adult Psychiatry and Fellowship in Geriatric Psychiatry from the University of Pittsburgh.

As a testament to her continued education, the doctor is board-certified in both Adult and Geriatric psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

**Learn More about Dr. Rhea N. Mehra:**

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/4215-Rhea-Mehra-psychiatrist-Herndon-VA-20170>

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