

## Nubia J. Swain, MD, a Psychiatrist with Achieve Medical Center

Get to know Psychiatrist Dr. Nubia J. Swain, who serves patients in Chula Vista, California.



**New York City, New York Nov 16, 2021 ([IssueWire.com](https://www.issuewire.com))** - A committed psychiatrist with a demonstrated history of working in the mental health care industry for over 30 years, Dr. Swain is affiliated with Achieve Medical Center in Chula Vista, California. Her areas of clinical expertise include post-traumatic stress, depressive disorders, anxiety disorders, and geriatric psychiatry.

Achieve Medical Center is a unique, multidisciplinary, private psychiatric and mental health practice. They provide comprehensive and compassionate mental health and wellness services to children, adolescents, and adults in California, Oregon, and Alaska.

Throughout her academic career, Dr. Swain completed her medical education and her residency in psychiatry at the Loyola University Chicago Stritch School of Medicine. She then went on to earn her Certificate in Geriatric Psychiatry at Northwestern University.

As a testament to her continued education, the doctor is board-certified in psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

#### **Learn More about Dr. Nubia J. Swain:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2004100-Nubia-Swain-Psychiatrist> or through Achieve Medical Center, <https://www.achievemedicalcenter.com/staff-members/dr-nubia-swain-md>

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