

MBBS in Russia: Colleges Where Students' Health is a Priority

MBBS in Russia

Noida, Uttar Pradesh Dec 2, 2021 ([IssueWire.com](https://www.issuewire.com)) - It's public knowledge that if there's any prospect that personifies quality and affordability, it's MBBS in Russia. However, no matter how top-notch the education and campus life are, none of that matters in the end as long as students aren't in the position to enjoy them. Therefore, universities, especially 2 of them, take steps to ensure the physical and mental well-being of the students.

Orenburg State Medical University

Those who choose the [Orenburg State Medical University](#) to pursue higher medical education can be assured of decent leisure opportunities in the form of quality sporting facilities.

Especially after the opening of the "Sports Club" in 2013, students have been able to play over 12 different sports like Basketball, soccer, athletics, swimming, volleyball, chess, table tennis, skiing, etc.)

Apart from this, there are several social works organized by the Orenburg State Medical University including the holding of various leisure events for the faculty and students. Additionally, there are camps to encourage: -

- Anti-substance use
- An overall healthy lifestyle

Perm State Medical University

When it comes to giving avenues to the students to relax and enjoy (so that the academic workload doesn't get the better of them), the [Perm State Medical University](#) takes all the necessary steps.

Students are given means of recreation in the form of sports and performing arts. In the case of the former, the university doesn't just offer top-notch sporting facilities but also facilities like *Therapeutic Physical Training Halls* and a *health-improving Centre*.

If that wasn't enough, the Perm State Medical University also gives out welfare benefits and gifts to the students along with free tickets to theatres, tours, sports and health centres, etc.

In simple words, [MBBS in Russia](#) especially from these 2 universities doesn't just ensure quality and affordability of medical education but also a means to improve one's health.

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