National Strength and Conditioning Association Leader Named SportsEdTV Contributor

Dr. Guy Hornsby is West Virginia University Weightlifting Head Coach



Miami, Florida Dec 20, 2021 (<u>Issuewire.com</u>) - <u>SportsEdTV</u>'s array of senior contributors has expanded with the addition of one of the National Strength and Conditioning Association leaders, Dr. Guy Hornsby, to the leading sports education online platform. Dr. Hornsby serves as the NSCA's chair of its Weightlifting Special Interest group.

"Guy Hornsby is West Virginia University's Weightlifting head coach and assistant professor where he continues research focused on strength power development in anaerobic based athletes, emphasizing weightlifting," said Robert Mazzucchelli, Founder, and Chairman of <u>SportsEdTV</u>.

Dr. Hornsby is an adjunct professor at the WVU Rockefeller Neuroscience Institute and a member of their "Performance Team," a sports science group aimed at providing athlete monitoring to various WVU athletic programs and conducting applied sport research.

" Guy competed as a thrower as an undergraduate student under Coach Meg Stone and as a weightlifter graduate student under Dr. Mike Stone, at East Tennessee State University where he earned his doctorate," added Victor Bergonzoli, CEO <u>SportsEdTV</u>.

His previous work between ETSU and WVU strength and conditioning coaching at a U.S. Special Operations unit and as faculty at the College of Charleston, Virginia Commonwealth University, and Glenville State College.

About <u>SportsEdTV</u>: <u>SportsEdTV</u> exists to help athletes, coaches and parents LEARN, WIN, and CELEBRATE. We don't expect everyone who uses our learning tools to become a world champion - that's not our mission.

We do expect people who use our educational resources to become their champion, by whatever definition they view success in their chosen sport. For some, success is making the varsity team, for others, it's becoming country champion, and for others still, it may simply be gaining proficiency at a sport that offers a lifetime of fun and fitness. "

To us, no matter your aspirations in sport, if you are striving to improve, you are winning! As a leading sports education media company, we provide FREE video and blog content to anyone in the world with an internet connection.

We also offer a global online community, where athletes, parents, and coaches can interact, connect, chat, share content and find new friends. <u>SportsEdTV</u> videos feature coaching from world-class coaches and athletes - many of whom are or have coached world champions - and have been watched by viewers in every country in the world.

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