

## Dr. Sandra Mannon, DNP, FNP-BC, APRN, RYT, a Family Nurse Practitioner with Sears Institute for Anti-Aging Medicine

Get to know Family Nurse Practitioner, Sandra Mannon, who serves patients throughout the State of Florida.



**New York City, New York Jan 29, 2022 ([Issuewire.com](https://www.issuewire.com))** - Sandra is a board-certified family nurse practitioner currently affiliated with Sears Institute for Anti-Aging Medicine, seeing patients in Royal Palm Beach, Florida. She has experience working with infants through older adults and has practiced in acute, chronic care, and anti-aging medicine. Currently, her focus is on preventative care, identifying and managing health issues using a holistic integrative approach.

“I want to be a part of my patient's life, build a relationship of trust and understanding so that together we can set goals that will achieve a long-lasting life of great health and happiness” expressed Sandra.

As a top-tier wellness center, the goal of Sears Institute for Anti-Aging is to provide holistic,

naturopathic, and functional medicine care to all their patients in Royal Palm Beach, Florida. The practice is conveniently located and features advanced equipment and treatment techniques. Their team serves people of all ages and offers a variety of preventive, general health, and Anti-Aging medicine. She performs Biological Age Testing which is unique to the Sears Institute. She is certified in Hyperbaric oxygen therapy. She is trained to provide stem cell therapy using bone marrow aspiration to retrieve the patient's autologous stem cells and give them back to them to enhance healing and regeneration. She utilizes Plasma Rich Protein (PRP) with growth factors to enhance healing. Sears Institute for Anti-Aging Medicine provides Enhanced external counterpulsation (EECP) and Ozone therapy to destroy fungi, bacteria, and viruses. Specialty lab testing includes telomere testing, heavy metal testing, food, and allergy testing, comprehensive hormone panels, and normal lab work.

To begin her career, Sandra graduated with her nursing degree from LakeShore Technical College in 1992 and began practicing in a Level I Trauma Center in the Intensive Care Unit. Focusing on critical care medicine for over 20 years, she achieved certification as a critical care registered nurse. She served as a diabetic educator and a preceptor for new nurses and educated the staff teaching Basic and Advanced Cardiac Life Support, Pediatric advanced cardiac life support, and Trauma Nursing Core Courses.

Wanting to further her knowledge, she returned to school and earned her Bachelor of Science in Nursing degree from the University of Phoenix, and her Master of Science in Nursing degree from Concordia University. Later, she obtained her Doctor of Nursing Practice degree from the University of Wisconsin at Milwaukee.

In 2018, Sandra decided to focus on educating her patients to learn about themselves and to get into the right mindset to begin living the life one desires. Her focus has been on helping others with their weight loss journey as she has been on that journey herself. She has helped many patients achieve and maintain their weight loss goals teaching them the importance of diet and exercise. She utilizes peptide therapy to enhance weight loss. She utilizes a Syndrome Zero Diet and PACE exercise programs to enhance weight loss. She is also a certified Yoga Instructor and teaches Yoga classes with many of her students being her patients.

Board-certified as a family nurse practitioner by the American Nursing Credentialing Center (ANCC), she remains a professional member of the Florida Nurses Association and the American Nurses Association.

A Board-Certified Family Nurse Practitioner (FNP-BC) holds board certification and provides continuing and comprehensive healthcare for the individual and family across all ages, genders, diseases, and body systems. FNPs maintain patient records, perform physical exams, order or perform diagnostic tests, prescribe medications, develop treatment plans, as well as treat acute and chronic illnesses, conditions, and injuries that fall under primary care.

On a more personal note, Sandra attributes her success to being able to build a relationship with her patients and educate them.

**Learn More about Sandra Mannon:**

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4148407/info/>

## **Media Contact**

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Source : Dr. Sandra Mannon, DNP, FNP-BC, APRN, RYT

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