

Kasra Djalayer, MD, an Internist with Families First Health & Support Center

Get to know Internist Dr. Kasra Djalayer, who serves patients in Portsmouth, New Hampshire.



New York City, New York Jan 4, 2022 (IssueWire.com) - An exceptional internist with over 30 years of experience, Dr. Djalayer serves the community of Portsmouth, New Hampshire at Families First Health & Support Center. He offers a superlative repertoire of expertise in rheumatology, immunology, geriatric medicine, obesity, and metabolic diseases.

Families First Health & Support Center is a not-for-profit community health center and family resource center serving the Seacoast region of New Hampshire and southern Maine. A leader in integrated care, it offers high-quality health care, dental care, and parent & family programs, all in one location. Their mission is to deliver innovative, compassionate, integrated health services and support that are accessible to all in our community, regardless of ability to pay.

Inspired to enter the field by his father, Dr. Djalayer's distinguished career began after earning his medical degree from the Complutense University of Madrid in 1989. To further his medical training, he completed a residency with Yale-Griffin Prevention Research Center in Connecticut, a fellowship in rheumatology and clinical immunology at the University of Vermont, a mini-fellowship in geriatric medicine from Stanford University, and a postgraduate subspecialty diploma in rheumatology and clinical immunology from the University of South Wales. He also studied obesity medicine at Harvard University.

Additionally, he received an Executive Master of Business Administration degree, an International Masters for Health Leadership degree, a mini Master of Business Administration degree, and a diploma in advanced and executive management from McGill University. He also received a postgraduate subspecialty diploma in rheumatology and clinical immunology from the University of South Wales, London, followed by a fellowship in disability medicine and functioned as a Senior Diplomate in this field of medicine.

Following his training, the doctor attained board certification in internal medicine through the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Moreover, he is board-certified in obesity medicine by the American Board of Obesity Medicine, which is a 501 nonprofit, self-appointed physician-evaluation organization that certifies physicians practicing obesity medicine.

Remaining abreast of the latest advancements in his field, Dr. Djalayer maintains affiliations with the American Medical Association, and the Canadian Society of Internal Medicine. Devoted to his community, he serves as a program director for the Nursing Home Institute and Rehabilitation Center.

Over the years, he has studied and worked internationally prior to his current role. He is internationally well recognized as a global healthcare leader and for serving as a specialist in the Middle East, Spain, the United States, and Canada. Earlier in his career, he worked with Franklin General Hospital in New Hampshire, Jewish General Hospital in Montreal, Canada, affiliated with McGill University Concord Health Center, and Weeks Medical Center.

With a passion for teaching, Dr. Djalayer taught medical and Ph.D. students with special emphasis on the latest updates in basic and clinical research development in the pathophysiology and treatment of patients with dementia and Parkinson's disease.

An enthusiastic researcher, he has participated in a research study on the "Molecular mechanism of the

neurofibrillary tangle in Alzheimer's and Parkinson's disease: The role of mutation in alpha syncline in the development of Alzheimer's disease.”

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

As a testament to his professional excellence, Dr. Djalayer has been the recipient of the Compassionate Doctor Recognition (2014, 2013, 2012, 2011, 2010), Patients' Choice Award (2017, 2016, 2014, 2013, 2012, 2011, 2010), On-Time Doctor Award (2017, 2016, 2014), Patients' Choice 5th Anniversary Award (2014), and Compassionate Doctor Award - 5 Year Honoree (2014).

In 2012, the doctor was recognized with a Letter of Appreciation from former President Barack Obama regarding his medical school and leadership achievements, and was honored as a Top Hospitalist across the nation in the USA. In 2020, he received a Letter of Appreciation from President Donald Trump regarding his Leadership, Collaboration, and Management of the Reduction of Covid-19 in the State of New Hampshire.

Speaking multiple languages, he is fluent in English, Spanish, French, and Persian.

Learn More about Dr. Kasra Djalayer:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/294381-Kasra-Djalayer-Internist>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Kasra Djalayer, MD

[See on IssueWire](#)