

Blissful Gardens Explain 3 Types of Senior Living Alternatives



Cameron Park, California Feb 2, 2022 ([IssueWire.com](https://www.issuewire.com)) - Blissful Gardens aims to foster a sense of belonging and community among its workers, residents, and family members. The Blissful Gardens experience reflects the way of life in the foothills for elders. Further, they explain three types of senior living alternatives to choose from when considering a shift.

Senior living

Presently, [senior living homes in Placerville CA](#), are a lot more than just senior care. It is an uplifting lifestyle that members of the facility share. It is a celebration of later life. A senior living home allows elders to engage in various activities, recreate a social life with new and like-minded residents, get the necessary support and enjoy life independently.

Members at blissful gardens will regularly participate in group activities, memory development programs, motor skill improvement activities, hands-on cooking, and gardening. All programs and tours are planned to keep residents feeling like esteemed community members. Residents also celebrate their memories by viewing their all-time favorite movies and making each moment matter in the in-house movie theatre.

Assisted living

Many physical challenges and medical conditions make elders dependent on others for their daily routines. As a result, they may even lose their mobility. In such scenarios, they require trained caregivers' support to perform everyday tasks without losing their self-esteem.

The assisted living facility at Blissful Gardens is designed to be vibrant, joyful, and compassionate. Residents at Blissful Gardens' senior assisted living home feel motivated with the help of professional and caring caregivers who are committed to their needs. The services will cover all aspects of [assisted living in Placerville CA](#), from basic daily requirements to ongoing care and rehabilitation.

Memory care

Unlike many other medical conditions, Dementia is quite a common one. It affects a person's memory, making them forgetful and eventually less capable of socializing, day-to-day life, and so on. Such elderly patients require ongoing care and therapies to overcome or hinder the progress of Dementia.

Blissful Gardens offers a relaxing atmosphere as well as specific activities using music, sensory stimulation, and psychological stimuli. Residents are engaged by caring and adequately trained professionals who provide them with the extra care and patience they require. Residents can engage in music, art, or participate in activities that encourage them to talk about their experiences. Group Scrabble, crosswords, puzzles, and memory training programs will be part of the daily activities to help with memory and cognitive function. [Memory care facilities in Placerville CA](#), continue to be built on the foundations of the facility, meal experience, and social interaction.

About Blissful Gardens

Blissful Gardens has superior senior living facilities based in El Dorado Hills, Placerville, and Folsom in California. Trained personnel at every location offer empathetic care to its residents and other activities and nutritional care.



Media Contact

Blissful Gardens

info@blissfulgardenscare.com

+1 530-313-0364

4210 Product Drive

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