

## Liam A. Briones, MD, MBA, FAAARM, a Sleep Medicine Specialist with Medical Rejuvenation Institute

Get to know Sleep Medicine Specialist Dr. Liam A. Briones, who serves patients in Yuma, Arizona.



**New York City, New York Feb 3, 2022 ([IssueWire.com](https://www.issuewire.com))** - A competent sleep medicine specialist, Dr. Briones sees patients at his private practice - Medical Rejuvenation Institute - in Yuma, Arizona. Multispecialty trained, he considers himself a one-man multi-specialty clinic. He specializes in pulmonary disease, critical care medicine, anti-aging, and regenerative medicine, integrative cancer

therapies, neuropsychiatric, and more.

Back in the early days of his academic career, he earned his medical degree from the Universidad de Ciencias Médicas Andrés Vesalio Guzmán (UCIMED) Escuela de Medicina in Costa Rica in 1988. After relocating to the United States, he completed his Master of Business Administration degree (MBA) from the University of Tennessee Haslam College of Business in 2002, and his Master of Science degree in Human Nutrition from the University of South Florida in 2015.

The doctor has also taken numerous courses led by world-renowned faculty from Harvard, Boston University, Ohio State, USF, and many others that taught different approaches to the aging process.

Recognized as a Fellow of the American Academy of Anti-Aging and Regenerative Medicine (FAAARM), the doctor is a Diplomate of the American Board of Sleep Medicine, a nonprofit organization that certifies physicians, PhDs, specialists, and technologists in the specialty of sleep medicine.

Moreover, he is board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Sleep medicine is a medical specialty or subspecialty devoted to the diagnosis and therapy of sleep disturbances and disorders. From the middle of the 20th century, research has provided increasing knowledge and answered many questions about sleep-wake functioning. Sleep medicine specialists are trained to diagnose, treat, and manage various types of sleep disorders.

#### **Learn More about Dr. Liam A. Briones:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2178370-Liam-Briones-Pulmonologist> or through Medical Rejuvenation Institute, <https://www.integrativedoc4me.com/>

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