

## **Ruth S. Holland, MD, an Internist with Strawberry Hill Primary Care**

Get to know Internist Dr. Ruth S. Holland, who serves patients in Hyannis, Massachusetts.



**New York City, New York Mar 2, 2022 ([IssueWire.com](https://www.issuewire.com))** - A skilled internist, Dr. Holland is in practice at Strawberry Hill Primary Care, an affiliate of Cape Cod Healthcare, in Hyannis, Massachusetts.

The expert physicians at Strawberry Hill Primary Care are board-certified in either internal or family medicine and offer a wide breadth of knowledge and experience. Together with an experienced and compassionate group of physician assistants and nurse practitioners, they form a patient's team of providers, coordinating care and treatment backed by the full resources and technology of the Cape Cod Healthcare system.

Throughout her academic career, Dr. Holland graduated with her medical degree from the Medical College of Pennsylvania and completed her residency in internal medicine at the Hahnemann University Hospital.

Subsequent to her education, the doctor attained board certification in internal medicine through the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

**Learn More about Dr. Ruth S. Holland:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3378958-Ruth-Holland-Internist> or through Strawberry Hill Primary Care, <https://physicians.capecodhealth.org/ma/hyannis/1030-falmouth-road-holland.html>

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Source : Ruth S. Holland, MD

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