

Edward H. Lockhart III, DC, a Chiropractor with Daniels Chiropractic

Get to know Chiropractor Dr. Edward H. Lockhart III, who serves patients in Racine, Wisconsin.



New York City, New York May 25, 2022 ([IssueWire.com](https://www.issuewire.com)) - A trusted chiropractor, Dr. Lockhart III works with patients at Daniels Chiropractic in Racine, Wisconsin.

At Daniels Chiropractic, patients get a personalized plan that guides them on their path to wellness. Their goal is always to help patients live better. They have spent the last seventy years helping people get better through natural, effective chiropractic care.

After years of wear and tear on his mid-distance sprinter body, his lower back gave way to severe pain. He could no longer do a full workout or finish a race without pain. He was skeptical of chiropractic care and doubted its effectiveness until he met Dr. Andrew Bakken, whose chiropractic care helped him finish his junior season and discover a new career path.

Studying biology and exercise science at the University of Wisconsin, Parkside, Dr. Lockhart III went on to obtain his Bachelor of Science degree in Human Biology from the Northwestern Health Sciences University and graduated with his Doctor of Chiropractic degree from the Northwestern College of Chiropractic.

To be robust in his chiropractic care, he has pursued various certifications, including FMT basic and performance certified by Rocktape, FAKTR (IASTM) certified, (MFR)- myofascial release technique, (FMS & SFMA) – Functional movement screening and selective functional movement assessment, Therapeutic Exercise and Rehab programming and courses in Activator, DNS, and McKenzie Method. He is currently pursuing CSCS, CCSP, and EMT certifications and further Crossfit certificates.

With a clear passion to help others, Dr. Lockhart III has been involved in rebuilding houses after Hurricane Katrina, mending homes on a South Dakota Indian Reservation, volunteering at Special Olympics and summer kids camps, and treating athletes at Crossfit events. He also led the Rehab 2 Performance Club in college in order to help inspire other students to live and perform better.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

An avid member of the Crossfit community, Dr. Lockhart III coaches and trains at Harbor Park CrossFit holding his (CF-L1) coaching certificate, and has a passion for helping athletes with rehab and optimizing performance. He also enjoys playing sports, being outdoors, spending time with family, and serving others.

Learn More about Dr. Edward H. Lockhart III:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/82601519-Edward-Lockhart-III-Chiropractor>, or through Daniels Chiropractic, <https://danielsdc.com/dr-edward-lockhart-iii>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards

optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Edward H. Lockhart III, DC

[See on IssueWire](#)