

## Jacob Stirton, MD, Orthopedic Surgeon with Union General Orthopedics and Sports Medicine

Get to know Orthopedic Surgeon Dr. Jacob Stirton, who serves patients in Blairsville, Georgia and the surrounding Tri-State area.



**New York City, New York May 2, 2022 ([IssueWire.com](http://IssueWire.com))** - Dr. Stirton is a fellowship-trained orthopedic surgeon specializing in all orthopedic surgery and sports medicine conditions of the upper and lower extremities, in addition to cartilage injuries and the use of ortho-biologics. He is the Founder and Medical Director of the Union General Sports Medicine Program, and also serves as head team physician for Young Harris College and several area high schools.

The doctor's passion lies in helping his patients stay active and pain-free. He sees every patient as a unique individual with unique needs. While some may be pursuing athletics at the highest level, others may simply wish to enjoy a beautiful morning walk with their dog or to finish a full day's work pain-free.

Treating a broad scope of musculoskeletal problems including sports injuries, joint reconstruction and preservation, and trauma, Dr. Stirton works to restore function and mobility so patients can return to the activities that give their life meaning; whether on the playing field or in their daily life. He enjoys taking care of athletes and active individuals of all ages.

Born in a large family of eight children outside Chicago, Illinois, he moved at the age of two to a small farming community in Germantown, Wisconsin, where his passion for sports and the outdoors grew. He attended college at the University of Dallas where he received his Bachelor of Science degree in Biochemistry. This is also where he met his future wife, Elyse.

After taking two years away from school to work in the medical research field, Dr. Stirton attended medical school at the University of Texas at San Antonio where he graduated with a Distinction in Research in 2013. He then went on to complete his five-year residency in orthopedic surgery at the University of Toledo where he was honored to serve as Chief Resident from 2017-to 2018. At the completion of his residency, he won the prestigious award as the top overall resident in the program.

Subsequently, he pursued advanced training in the area of sports medicine when he was accepted into a fellowship at the University of Kentucky. There, he learned the most up-to-date and advanced treatments to keep active individuals performing and feeling their best – from high-level athletes to weekend warriors to the aging and active. During his fellowship, he served as an assistant team physician for the University of Kentucky Division I SEC sports program, caring for all types of athletes – football, basketball, soccer, softball, baseball, gymnastics, and cheerleading, among others.

On a professional level, Dr. Stirton is an active member of the Arthroscopy Association of North America, the American Orthopedic Society for Sports Medicine, and the American Academy of Orthopedic Surgeons.

Orthopedic surgery is the branch of surgery concerned with conditions involving the musculoskeletal system. Orthopedic surgeons use both surgical and non-surgical means to treat musculoskeletal trauma, spine diseases, sports injuries, degenerative diseases, infections, tumors, and congenital disorders.

Among his most notable achievements, Dr. Stirton has been the recipient of the Chemistry Scholarship Award (2003), Robert A. Welch Undergraduate Chemistry Award (2007), MS3 Merit Award (2012), and Gold Humanism Honor Society Award (2013). Ohio Hand Symposium Top Resident Paper Presentation (2018), ASSH/AFSH Annual Meeting Scholarship Award (2016), MAOA Education Grant for Senior Residents (2017), AOA Annual Meeting Top Ten Poster (2017), Carl L. Nelson, MD Physician in Training Award – Top Manuscript (2018), and MAOA Education Grant for Senior Residents (2017).

In his free time, he and his wife enjoy the outdoors with their Labrador Retrievers, Raelyn and Piper.

They love being on the water, hiking, and simply enjoying the beauty of nature. On Friday nights in the fall, he can be found attending local high school football games both as a fan as well as a team physician.

**Learn More about Dr. Jacob Stirton:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/81294241-Jacob-B-Stirton-Orthopedist>, through Union General Orthopedics and Sports Medicine, <https://www.uniongeneralhealthsystem.com/find-a-doctor/jacob-b-stirton-md/> or through Jacob Stirton, MD, <https://jacobstirtonmd.com/about/>

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