

## **Nadia H. Abbasi, MD, an Internist with Premier Internal Medicine Associates of Houston**

Get to know Internist Dr. Nadia H. Abbasi, who serves patients in Katy, Texas.



**New York City, New York Jun 10, 2022 ([IssueWire.com](https://www.issuewire.com))** - A devoted internist, Dr. Abbasi tends to patients at her private practice - Premier Internal Medicine Associates of Houston (PIMAH) - in Katy, Texas. Her clinical interests include acute illness, allergies, anemia, anxiety, asthma, depression, diabetes, headaches, hyperlipidemia, hypertension, physical exams, preventive medicine, and weight loss.

Believing in a patient-physician partnership, she enjoys working with patients to improve their quality of life and longevity. She also believes that communicating the importance of risk factor modification and prevention is often the most important contribution she makes in the partnership. She truly enjoys being the patient's primary physician and working with specialists, as needed, to coordinate the best care for her patients.

A native of Pakistan, Dr. Abbasi earned her medical degree from the Dow Medical College in 2003. Upon relocating to the United States, she completed her internship and residency in internal medicine at the Advocate Christ Medical Center in Chicago in 2010.

Following her training, the doctor attained board certification in internal medicine through the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

In 2013, she moved from Chicago to Houston and has since been practicing in major Houston area hospitals including Houston Methodist Hospital at The Medical Center, Houston Methodist Sugar Land Hospital, Houston Methodist West Hospital, Memorial Hermann Medical Center, and Memorial Hermann Katy.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Speaking multiple languages, Dr. Abbasi is fluent in English, Urdu, Hindi, and Spanish.

**Learn More about Dr. Nadia H. Abbasi:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82142642-Nadia-Abbasi-Internist>, or through Premier Internal Medicine Associates of Houston, <https://pimah.com/family-physicians-katy-tx/>

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