## **Colusa County Recovery Launches**

**Counties Largest 24/7 Recovery And Wellness Digital Platform** 



**Colusa, California Jul 19, 2022 (<u>Issuewire.com</u>) - With a catchy tagline "We understand addiction because we've been there." It's not surprising that Colusa County Recovery (CCR), a free online 24/7 recovery and wellness community resource, is making its presence known in the County of Colusa and neighboring rural communities; and its launch could not be more timely.** 

"America's drug epidemic is the deadliest it has ever been and no community is exempt from the ravages of addiction, including our own," says Susan Wagenaar, the platform's founding volunteer.

According to the US Centers for Disease Control and Prevention (CDC), more than 100,000 people died of drug overdoses in the United States during the 12-month period ending April 2021. That's a new record high, with overdose deaths jumping 28.5% from the same period a year earlier and nearly doubling over the past five years.

"We wanted to be part of the solution at the grassroots level," says Wagenaar. "Contributing collectively, as community volunteers with lived-life experience of overcoming addiction. We consider our free digital recovery and wellness resource to be a **valuable addition to our rural communities'** existing TOOLBOX of available resources and services that address substance use disorders."

CCR's mission, says Wagenaar; "Is to build bridges that connect people to innovative recovery options, evidenced-based therapies, peer support solutions, and mutual aid organizations; where they can get the help, support, and guidance necessary, to begin their journey of healing and restoration."

The site offers an impressive 11 categories, plus 56 sub-categories, which include; over 100 videos, 75 free resources, 60 meeting listings, 50 articles, and 20 audio tapes. "It is the largest recovery and wellness digital database of its kind, in the County of Colusa and neighboring communities," reports Wagenaar.

For more information about Colusa County Recovery visit: <a href="www.ColusaCountyRecovery.com">www.ColusaCountyRecovery.com</a>.

## **Media Contact**

Susan Wagenaar, CCR.

colusacountyrecovery@gmail.com

530-923-0280

Online only

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