

FX Media Group's Owner Tachelle "Shamash" Wilkes Curates Music Video to Combat Covid Depression



New York City, New York Jul 14, 2022 ([Issuewire.com](https://www.issuewire.com)) - Tachelle "Shamash" Wilkes, FX Media Group's owner is at it again. This time, the versatile artist curated a video for the song, "Keep Holding

On,” sung by former Voice contestant, Maiya Sykes who was on team Pharrell back in 2014.

Tachelle acknowledges that every time she hears the song it sets a fire of hope in her – allowing her to garner new strength while uplifting her spirits. It was to this end that Tachelle decided to produce an accompanying music video with confidence that it will touch many people in the same way.

Tachelle’s thoughtful act is deserving of praise and commendation. The world is still healing and slowly recovering from the adverse effects of Covid-19. With the pandemic forcing many people to be isolated from loved ones for extended periods of time and abandoning many of their old routines – depression can easily set in. The music video is Tachelle’s contribution to helping people cope with depression, and it can be seen on the website of FX Media Group via the following link - <https://femmixx.com/videos/>

It is important to mention that FX Media Group is focused on leveling the playing field for women’s representation in TV, film, streaming platforms, and entertainment with a BIPOC (Black, Indigenous, People of Color) focus. “Each project we create entertains and takes us one step closer to not only healing ourselves but the planet. This newly curated music video is not an exception,” Tachelle enthused.

She continued, “I just happened to stumble upon Maiya’s song on Soundstripe a few months ago and I was drawn in by its positive and inspirational lyrics and felt right off that this song deserves a music video, so I created one.” A combination of good tunes with excellent visuals can be very therapeutic. Music has been described as a natural antidepressant because it aids the release of serotonin and dopamine in the brain. These hormones ultimately lead to heightened feelings of happiness and well-being.

“Look, we all have been through so much these past few years and any and every little bit of happiness and inspiration can enlighten us to move forward with our lives in a positive direction. I do hope you would lend a hand to help combat Covid depression out there by taking care of yourself and checking on people in your circle when you can. Self-care and community are key components to battling depression. Together we can make the world a better and happier place for all of us. Do check out my music video, and don’t forget to send it to those you know will benefit from seeing it. They will be glad you did.” Tachelle also expressed, “Please don’t be afraid to get help, talk to a friend or family member when feeling depressed, and definitely seek out a therapist if needed.

About Tachelle “Shamash” Wilkes

Tachelle has worked as a set teacher with kid actors on TV shows, films, and projects such as; Grammy & Golden Globe winner & Oscar-nominated The Greatest Showman, Manifest, The Marvelous Mrs. Maisel, The Met Opera House, The Blacklist, Orange is the New Black, God Friended Me, Hulu’s Wutang: An American Saga, CBS/Paramount Plus’s Evil, HBO’s City on a Hill, New Amsterdam, NBC’s Life, Nicole Kidman’s The Undoing on HBO, Jennifer Lopez’s Marry Me, 50 Cent’s Power Book III: Raising Kanan and many others.

To know more about Tachelle and FX Media Group, visit - <https://femmixx.com>



Media Contact

FX Media Group

media@femmixx.com

Source : FX Media Group

[See on IssueWire](#)