# Amrit Chiluwal, MD, a Neurosurgeon with Spine Care Long Island

**Get to know Neurosurgeon Dr. Amrit Chiluwal, who serves patients throughout the State of New York.**

**New York City, New York Aug 8, 2022 (**Issuewire.com**)** - A skilled neurosurgeon, Dr. Chiluwal is affiliated with Spine Care Long Island, with offices in Huntington, Holbrook, West Islip, and Great Neck, New York. His particular interest and expertise are in treating degenerative diseases of the cervical and lumbar spine, deep lesions/tumors of the brain and the skull base, cerebral bypass, aneurysms, carotid stenosis, and brain arteriovenous malformations (AVMs).

Believing that surgery should be the option of last resort, he uses minimally invasive techniques to minimize postoperative pain and reduce recovery time when surgery is necessary. He also utilizes non-fusion techniques when appropriate, such as artificial disc replacements, to restore range of motion and avoid spinal fusion. His emphasis on minimally invasive procedures carries over to cranial surgeries where smaller incisions, endoscopic techniques, and advanced GPS and fluorescence-guided surgeries ensure that tumors deep in the brain and at the base of the skull are removed in the safest and least invasive possible manner.

A graduate of the New York Medical College, Dr. Chiluwal completed his residency in neurosurgery at Northwell Health. During his training, he completed an enfolded focused training in minimally invasive spine surgery and, in his final year of training, was appointed Chief Resident. He then underwent an additional year of fellowship training in complex cranial, cerebrovascular, and complex brain tumor surgery at the prestigious Lenox Hill Hospital.

Professionally, he is an active member of the American Association of Neurological Surgeons (AANS) and the Congress of Neurological Surgeons (CNS). He has written book chapters and published multiple scholarly articles in prestigious neurosurgical journals, and has presented his work at national, international, and regional neurosurgery conferences. He also has volunteered neurosurgical services in different parts of the world and has collaborated with medical device companies to donate essential supplies to hospitals around the globe.

Neurosurgery is the medical specialty concerned with the prevention, diagnosis, surgical treatment, and rehabilitation of disorders that affect any portion of the nervous system including the brain, spinal cord, peripheral nerves, and extra-cranial cerebrovascular system. Neurosurgeons are doctors who diagnose and treat problems with the nervous system, often by performing surgery on the brain or spine. They treat strokes, tumors, certain types of birth defects, infections, and head or spinal cord injuries.

Speaking multiple languages, Dr. Chiluwal is fluent in English, Hindi, Nepali, and Urdu. In his free time, he enjoys soccer, hiking, chess, and traveling.

**Learn More about Dr. Amrit Chiluwal:**
Through his findatopdoc profile, https://www.findatopdoc.com/doctor/84790331-Amrit-Chiluwal-Neurosurgeon, or through Spine Care Long Island, https://spinecarelongisland.com/about_us/chiluwal.html

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