

Dr. Samantha Purviance, DACM, L.Ac, Owner of SP Acu + Wellness in San Diego and an Acupuncturist

Get to know Acupuncturist Dr. Samanta Purviance, who serves patients in California.



New York City, New York Aug 10, 2022 ([IssueWire.com](https://www.IssueWire.com)) - A California-based licensed acupuncturist, Dr. Purviance is the owner of SP Acu + Wellness, located in the Mission Bay Area of San Diego, and is also affiliated with Healing Sanctuary RSF, located in Rancho Santa Fe.

Her approach to helping patients is a combination of both Eastern and Western methods. She loves to incorporate methods that have been around for thousands of years and have had great training in Japanese acupuncture modalities that aid in gentle healing. She specializes in treating pain management, mental-emotional disorders, PTSD, addiction, women's health, digestive disorders, cosmetic acupuncture and treats many other ailments. She believes in the additional use of other healing modalities such as cupping, moxa, gua sha, herbal medicine, lifestyle advice, and nutritional therapy in her acupuncture and massage sessions. Patient education is very important in the management of treatment.

"It's most important to me to meet the patient where they are in their journey to feeling their best. Seeing others walk out of a treatment feeling better is so humbling and amazing, I am lucky to have found this amazing medicine. To be able to share it with others is a dream" expressed the doctor.

In regards to her educational background, her curiosity for acupuncture sparked after seeing many of her family members and friends suffer through many health issues and have relief after receiving acupuncture treatment. Feeling a desire to help people, she began her education at the Pacific College of Health and Science, completing her Associate's of Applied Science degree and receiving her 500-hour massage certification.

Subsequently, Dr. Purviance earned her Master of Science in Traditional Chinese Medicine degree and became a Licensed Acupuncturist in February 2022. Finally, she received her Doctor of Acupuncture and Chinese Medicine degree in August 2022. She is also a level II Reiki Practitioner, and recently finished a 200-hour yoga teacher training and is certified by Yoga Alliance.

Acupuncture is a form of alternative medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health/fertility, autoimmune disorders, digestive disorders, joint and muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

A Wyoming native, Dr. Purviance has lived in San Diego for nearly 11 years. She is a mother to 3 beautiful children and has an amazing and supportive husband. Together, they enjoy camping, hiking, and enjoying the outdoors. She also loves cooking, meditation, crystal healing, running, staying active, and lifting weights.

Learn More about Dr. Samantha Purviance:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/84731337-Samantha-Purviance-Acupuncturist>, or through Healing Sanctuary RSF, <https://healingrsf.shop/pages/meet-our-team>

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Source : Dr. Samantha Purviance, DACM, L.Ac

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