

Sahar E. Lashin, MD, PhD, ABAARM, FAAAM, MSc, an Internist with IntegrUtopia MD & Newport Plastic Surgery

Get to know Internist Dr. Sahar E. Lashin, who serves patients throughout the State of California.



New York City, New York Aug 16, 2022 ([Issuewire.com](https://www.issuewire.com)) - A board-certified internist specializing in anti-aging and regenerative medicine, Dr. Lashin is the President and Founder of IntegrUtopia MD in Lake Forest, California. She can also be found on staff at Newport Plastic Surgery, working alongside board-certified plastic surgeon, Dr. Hisham Seify.

In her clinical role, she offers patients a detailed look into their health, wellness, and lifestyle habits, and reveals some of the core issues many may be able to address with her comprehensive whole body approach to treatment and care. Her love and passion for integrative medicine have truly been a rewarding experience in her celebrated career; not only for her but for the many patients she has brought back to optimal health and well-being, without conventional prescription medications that often mask underlying symptoms and conditions.

With a broad educational background, Dr. Lashin earned her Bachelor of Medicine, and Bachelor of Surgery degree from the Cairo University Faculty of Medicine, and graduated with her Master of Science degree (MSc) and Doctor of Philosophy degree (Ph.D.) in Hepatology and Gastroenterology from the same educational venue. She served as an Associate Professor at Cairo University for 14

years, before relocating to the United States, where she successfully passed her ECFMG | USMLE exams, and completed her residency in internal medicine at Sinai Grace Hospital in 2014.

Furthermore, she earned her Cambridge Diploma for Teachers and Trainers at Cambridge University in England and is a Certified Trainer in Ethics of International Medical Research by the University of Maryland. Finally, she attended the Swiss Biological Medicine Academy in Switzerland, receiving her recognition as a Certified Biological Doctor in 2018.

Distinguished as a Fellow of the American Academy for Anti-Aging Medicine, the doctor is double board-certified by the American Board of Internal Medicine (ABIM), and the American Board of Anti-Aging & Regenerative Medicine (ABAARM).

Prior to establishing her private practice, Dr. Lashin worked as an internist, Lead Physician, and Assistant Clinical Professor at UCLA, and served as a hospitalist and primary care physician at Kaiser Permanente Hospitals in North California. She was also an Integrative Medicine Consultant with Bodylogic MD, Hormone Consultant with the Center for New Medicine, and Chief of Coumadin Clinic in South Bay at UCLA.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Learn More about Dr. Sahar E. Lashin:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2681644-Sahar-Lashin-internist-Detroit-MI-48235>, through

IntegrUtopia MD, <https://integrutopiamd.com/> or through Newport Plastic Surgery,

<https://newportplastic.com/dr-lashin/>

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