

## Sophia Kangarlu, MD, FACP, CHCQM, an Internist with Methodist Hospital of Southern California

Get to know Internist Dr. Sophia Kangarlu, who serves patients in California.



**New York City, New York Aug 26, 2022 ([Issuewire.com](https://www.issuewire.com))** - Board-certified internist Dr. Kangarlu is experienced in treating an extensive variety of disorders and illnesses that affect adults. She is currently serving patients at Methodist Hospital of Southern California in Arcadia, California. Founded in 1903 by the Women's Home Missionary Society of the Methodist Church, Methodist Hospital of Southern California is now one of the top hospitals in the nation. They offer a wide array of medical services with

the latest in medical technology. It is their mission to provide high-quality healing services while caring for the patient's emotional and spiritual needs while enabling them to achieve health for life.

In addition to serving patients at Methodist Hospital of Southern California, Dr. Kangarlu can be found on staff at Emanate Health Foothill Presbyterian Hospital in Glendora, California.

In 1991, she earned her medical degree from Hacettepe University Faculty of Medicine in Ankara, Turkey. Upon relocating to the United States, she went on to complete her residency in internal medicine at North Shore University Hospital in Manhasset, New York.

Dr. Kangarlu is board-certified in internal medicine by the American Board of Internal Medicine, a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world. Moreover, she is board-certified in obesity medicine by the American Board of Obesity Medicine, which serves the public and the field of obesity medicine by maintaining standards for the assessment and credentialing physicians.

Having successfully passed the Health Care Quality and Management Certification Examination through the American Board of Quality Assurance and Utilization Review Physicians, Inc., Dr. Kangarlu is Certified in Health Care Quality and Management. She is also a Fellow of the American College of Physicians and a member of the Society of Hospital Medicine.

In 2010, Dr. Sophia Kangarlu and Anita Kangarlu published the book, "The Big Secret, Incontinence", which illustrates a common and distressing problem that affects more than 25 million Americans and exercises that can help to significantly reduce its incidence.

### **Learn More About Dr. Sophia Kangarlu:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1228019-Sophia-Kangarlu-Internist>, through Methodist Hospital of Southern California, <https://www.methodisthospital.org/Find-a-Physician/K/Sophia-Kangarlu-M-D-.aspx> or Emanate Health Foothill Presbyterian Hospital, <https://www.emanatehealth.org/doctors/providers/sophia-kangarlu-md/>

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