

Tiffany Andry, MD, a Psychiatrist with Grayson & Associates, P.C.

Get to know Psychiatrist Dr. Tiffany Andry, who serves patients in Birmingham, Alabama.



New York City, New York Aug 10, 2022 ([IssueWire.com](https://www.issuewire.com)) - Dr. Andry is a double board-certified psychiatrist who also sub-specializes in addiction psychiatry. She currently works at Grayson & Associates, P.C., and practices at Grandview Medical Center doing inpatient and consultation-liaison psychiatry.

In addition to addiction, her specialties include substance abuse, PTSD/trauma, reproductive psychiatry (pregnancy, postpartum, menopause), depression, and anxiety. She also has a special interest in the relationship between religion and mental health.

Grayson & Associates, P.C. was established in 1985 by Dr. Garry Grayson with the mission of providing top-quality mental health services in Birmingham, Alabama. Since that time, the practice has grown into the largest private mental health care provider in Alabama. The team of more than 75 clinicians includes psychiatrists, psychologists, counselors, and nurse practitioners. Outpatient services are provided at five separate Birmingham locations as well as locations in Montgomery and Anniston. Inpatient and admitting privileges are through St. Vincent's East, Grandview Medical Center, and HillCrest Hospital in Birmingham. In Montgomery, inpatient services are offered through Crossbridge Behavioral Health, while in the Anniston area inpatient treatment is provided at both the Northeast Regional Medical Center and the Regional Medical Center Jacksonville. Psychiatrists in the group also consult with mental health agencies and community mental health centers.

Graduating with her Bachelor of Science degree from the Xavier University of Louisiana, Dr. Andry went on to earn her medical degree from Meharry Medical College. Furthering her education, she performed both her residency in psychiatry and her fellowship in addiction psychiatry at Baylor College of Medicine.

With an unwavering commitment to her speciality, she is board-certified in psychiatry and addiction psychiatry by the American Board of Psychiatry and Neurology (ABPN). The ABPN is a not-for-profit corporation dedicated to serving the professions of psychiatry and neurology.

Enjoying community outreach, Dr. Andry has engaged in public speaking and health fairs.

Psychiatry is the medical specialty devoted to the diagnosis, prevention, and treatment of mental disorders. These include various maladaptations related to mood, behavior, cognition, and perceptions. Psychiatrists evaluate, diagnose, and treat patients with mental, emotional, and behavioral disorders. They conduct thorough psychiatric evaluations, develop treatment plans, prescribe medication, and evaluate treatment results.

Learn More about Dr. Tiffany Andry:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2126418-Tiffany-Andry-Psychiatrist>, or through Grayson & Associates, P.C., <https://grayson.associates/doctors/tiffany-andry/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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