Connie Brennan, APRN, AGNP-BC, PHN, CANS, CPSN, ISPAN-F, an Aesthetic Nurse Specialist

Get to know Aesthetic Nurse Specialist, Connie Brennan, who serves patients throughout the State of Minnesota.



frequently sought-after expert in facial aesthetic non-surgical treatments that restore and enhance natural beauty. She is the Founder and President of Aesthetic Enhancement Solutions, where she collaborates with medical providers to anticipate needs, meet demands and provide innovative thinking for the constantly changing aesthetic enhancement industry.

With almost 30 years of experience in aesthetic enhancement, she brings a wealth of knowledge and skill to her clients. She recently established her private consulting agency, providing comprehensive training for aesthetic medical providers in the assessment & consultation process as well as techniques and aesthetic applications of dermal fillers, neurotoxins & deoxycholic acid. She knows that nothing is more crucial to positive and safe aesthetic outcomes than making sure medical professionals are equipped with the latest knowledge and training.

Back in the early days of her academic career, Connie earned her Associate's Degree in Nursing from Normandale Community College and received her Bachelor of Science in Nursing degree from Concordia University in 2016. She then went on to earn her Master of Science in Nursing degree from Walden University in 2021.

Moreover, she has completed over 200 continuing education courses. Her artistic talent has focused exclusively on non-surgical aesthetic procedures including Botox, Cosmetic, Dysport, Facial Contouring, Injectable Fillers, Line Fillers, Lip Enhancement, and Sculptra Aesthetic.

A licensed registered nurse in 10 states, Connie has been recognized as a Public Health Nurse (PHN), Certified Plastic Surgery Nurse (CPSN), Certified Aesthetic Nurse Specialist (CANS), Certified Professional Coach (CPC), and Fellow of the International Society of Plastic and Aesthetic Nurses (ISPAN-F).

Remaining up to date in her field, she is an active member of the American Med Spa Association, the American Nurses Association, the National Association of Professional Women, the International Association of Nursing, the International Women's Leadership Association, and the International Association of Top Professionals.

In her professional experience, Connie continues to develop her practice as an aesthetic nurse specialist at several prestigious plastic surgery clinics in the Twin Cities, including Mesna Plastic Surgery, Lifetime Fitness, and MMK Plastic Surgery. She also serves as a consultant and trainer for Allergan, Galderma, P.A.L.E.T.T.E., and SkinMedica.

As a testament to her success, she has been the recipient of the Top 100: The Best Aesthetic Injectors in America Award (2018, 2019), President's Award from ISPAN (2019), Diamond Lifetime Achievement Award in the field of Health Care by Continental Who's Who (2015), Elite Women Worldwide Award for Senior Leadership and Outstanding Achievements in the Professional Community (2015), and "Top Nurse" Award from the International Association of Nurses (2010), among others.

Learn More about Connie Brennan:

Through her online profile, https://todaysnurse.org/network/index.php?do=/4148927/info/ or through her website, https://www.conniebrennanrn.com/about/

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