

Cosmeticoplasty: Rising Trend of Cosmetic Surgery in Pakistan and The Importance of The Best Plastic Surgeon

Cosmeticoplasty Is Here to Rejuvenate Your Look By Conducting Rhinoplasty, Gynecomastia, Breast Augmentation, Liposuction, & Tummy Tuck procedures at Affordable Prices



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RISING TREND OF COSMETIC SURGERY IN PAKISTAN AND THE IMPORTANCE OF THE BEST PLASTIC SURGEON

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Lahore, Punjab Sep 29, 2022 (IssueWire.com) - Cosmetic surgery proceeds to grow in popularity in Pakistan. Cosmetic surgery is a brilliant attempt at resisting the rusty effects inflicted on your skin and body by factors such as age, lifestyle, gravity, environment, etc. Cosmetic surgery aims to maintain, restore, or enhance your appearance through surgical and medical techniques. In addition to your appearance, cosmetic surgery also improves your self-esteem and confidence. The [best Plastic surgeon in Lahore](#) can perform cosmetic surgery on any part of your face and body.

[Dr. Mustehsan Bashir](#) is an expert in performing surgical and non-surgical cosmetic procedures. Right now, he is the only Ph.D. cosmetic and reconstructive surgeon in Pakistan. His areas of special interest include rhinoplasty (nose job), liposuction, breast augmentation and reduction, tummy tuck, and male breast reduction surgery. Our board-certified and verified plastic surgeon in Pakistan takes into account each patient's specific anatomy and objective to generate the finest course of action to procure the natural look they want.

The technological advances in cosmetic and plastic surgery have made it safer and less invasive, with a quick recovery time, as well as lowering the cost of procedures. Thus, people have become less anxious and more willing to consider and accept cosmetic surgery as a possible option for altering their physical appearance. Getting cosmetic surgery by a well-known Plastic surgeon in Lahore is easier; physically, financially, and emotionally than you may think.

While reconstructive plastic surgery has been popular for decades, the number of people who think

plastic surgery procedures are all about aesthetics remains painfully high. It is rudimentary to understand the difference between cosmetic surgery and plastic surgery. [Cosmetic surgery focuses on body enhancement and rejuvenation](#), while plastic surgery reconstructs and restores body parts that have sustained damage due to burns, disease, or trauma. Plastic surgery is more corrective by nature. It aims to improve function and give a normal appearance to a part of the person's body that has been damaged. Under this category, additional damages and deformities inflicted by accidents or diseases are repaired, for example, reconstruction of breasts after one or both breasts are removed due to breast cancer. The innovative way in which reconstructive plastic surgery has been used to comfort painful physical injuries is a pinnacle in human history. An experienced and board-certified plastic surgeon in Lahore always gives better results with lesser or even no complications in comparison to an inexperienced doctor.

Dr. Musrehsan Bashir performs all reconstructive procedures, including burn surgery, reconstructive rhinoplasty, cleft lip palate surgery, contracture removal surgery, breast reconstruction procedure, etc. His unmatched skills and consistently successful results make him the finest plastic surgeon in Pakistan.

The key to any successful procedure or surgery is to select a professional and highly qualified plastic surgeon in Lahore. If you fail to do so, then you will be prone to developing several complications. It is essential that you choose a highly-skilled Plastic surgeon who is certified by a renowned institute. There is a magical paradox Dr. Mustehsan Bashir is helping people to accomplish: looking the same but better. Most patients seek cosmetic procedures to feel like the most refined version of themselves and to look as good as they feel. At the end of the day, there's a value to cosmetic surgery that cannot be quantified. It can give you self-confidence that would otherwise be very difficult to achieve.

Let's discuss different types of cosmetic procedures, especially the ones that are offered in Pakistan!

The most common types of cosmetic procedures performed by the best Plastic surgeon in Lahore

It is known that aesthetic surgery is about improving body contour and facial features, but that is not all it is about. The practical scope of this type of cosmetic surgery is far greater than one can imagine. Take the example of the nose job. How many of us are simply not happy with the shape or curvature of our noses? But the [best nose job in Lahore](#) gives us a chance to be satisfied. Then, there is a tummy tuck and liposuction for those who are tired of their excessive weight issues. Breast augmentation or reduction is a common type of cosmetic surgery that can improve the quality of your life. You should always consult the best cosmetic surgeon in Lahore for ideal results.

- **Rhinoplasty Or Nose job**

In **rhinoplasty**, also called a "nose job," Dr. Mustehsan reshapes your nose to improve the appearance and often breathing. A nose job involves reshaping the tip and reducing the bony hump at the upper aspect of your nose. Rhinoplasty can be performed with small incisions that are well hidden, often inside the nostrils. Rhinoplasty surgery does not recommend a nose job until you are at least 15 years old to enable the total growth of the cartilage and bone of your nose, except if you need rhinoplasty for medical reasons. Dr. Mustehsan Bashir is the best nose surgeon in Lahore, as he ensures quality care.

- **Breast surgery**

Many women seek breast surgery to improve their body shape. There are three types of breast cosmetic

surgery;

- Breast lift; breast tightening surgery
- Breast augmentation
- Breast reduction surgery

Breast augmentation is traditionally performed using saline or silicone gel prosthetics and occasionally with fat grafting. It is carried out if you feel one breast is larger than the other, if your breasts have changed after significant weight loss, pregnancy or breastfeeding or if your breasts are too small. Some older women go for this treatment when their breasts begin to droop due to the skin losing elasticity. In many women, [breast augmentation in Lahore](#) can boost self-esteem and improve their feelings about their femininity.

In **the Breast reduction procedure**, the size of an oversized breast is reduced to a standard and more practical size. It provides excellent relief from physical discomfort. When done by the best breast surgeon in Lahore, breast reduction surgery relieves many other symptoms, including back and shoulder pains, headaches, yeast infections, rashes, tingling sensation and numbness in hands and fingers, shoulder grooves, etc. The breast reduction procedure also reduces the risk of breast cancer in women at high risk.

Mastopexy, or a breast lift, involves removing glandular tissue and skin to remove the sagging and rearranging the remaining tissue to make your breast appear lifted.

Depending on how much volume you have lost or desire, mastopexy can be combined with an implant. Breast tightening surgery in Pakistan addresses several issues, including uneven breasts, decreased breast volume, drooping and sagging of breasts, flaccid nipples, and extra skin.

- **Gynecomastia**

Gynecomastia is referred to the enlargement of breast tissue in men. Dr. Mustehsan Bashir performs [gynecomastia surgery](#) to remove men's enlarged breasts and achieve the desired contour. Gynecomastia treatment in Pakistan is done by liposuction or with various scar patterns, often hidden around the nipple and areola.

- **Liposuction**

Liposuction uses thin cannulas, or hollow metal tubes, to vacuum fat from various parts of your body, usually the neck, upper arms, abdomen, backs of the arms, thighs, buttocks, and hips. Liposuction is also used for gynecomastia treatment in Pakistan. Liposuction involves the suction of extra fat through a tube. Liposuction should not be intended as a weight-loss procedure. When performed on the right patient, the goal of the liposuction procedure is to improve contour and decrease limited areas of fat deposits. [Liposuction cost in Lahore](#) is very economical and pocket friendly.

- **Tummy tuck**

[Abdominoplasty surgery reshapes and firms the abdomen](#). The excess and loose skin and fat tissue are removed from your middle and lower abdomen to tighten the muscle and fascia of your abdominal wall. Tummy tuck surgery in Lahore helps you to get rid of the loose belly that is not going even after you have all the diets and exercises.

Best plastic surgeon in Lahore at your service

Cosmetic surgery has earned a lot of popularity in recent years and has become the talk of the town. Whether you want to stay in shape or make yourself appear younger, you can quickly achieve that through cosmetic procedures.

From minor procedures like filler injections to complex surgeries like gynecomastia, they strive to improve the quality of life and bring back your lost confidence.

If you want to ensure that you get the same results, it's better to invest a little in choosing a plastic surgeon in Pakistan.

If you're considering plastic surgery, choosing a highly-skilled Plastic surgeon could not be more critical. Everyone likes to get cost-effective and economical medical care. But compromising on a plastic surgeon's experience in Lahore will cost you more than you are trying to save later on. So, it's wise to choose a well reputable and best Plastic surgeon in Lahore from the start and stay away from uncertified practitioners. Make sure never to prioritize cost over skill. The final decision you make; would be the choice you would have to live with for many years. Dr. Mustehsan Bashir is here to fix all your plastic surgery-related issues like a pro. The feedback of his past recipients confirms this. You can make sure of this by visiting his website. Despite being the best, his expertise is not overpriced at all.

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Source : Cosmeticoplasty

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