

Sulagna Misra, MD, BCMAS, an Internist with Misra Wellness

Get to know Internist Dr. Sulagna Misra, who serves patients in Encino, California.



New York City, New York Sep 19, 2022 ([IssueWire.com](https://www.issuewire.com)) - Dr. Misra is a board-certified internist, a CLIA-certified lab director, a board-certified Medical Affairs Specialist, and a Medical Cannabis Educator with a focus on regulation and physician involvement. She is the Founding Physician of Misra Wellness in Encino, California, offering a wide range of medical and aesthetic services.

Misra Wellness offers each patient a road towards wellness that begins with a comprehensive consultation with Dr. Misra, ensuring that any procedure performed is based on best medical practices. Along the way, patients are kept up to date on their progress and Dr. Misra and her staff are always available to answer any questions.

By integrating both traditional medicine and non-traditional medical treatment plans, her practice of

medicine focuses on getting to the root cause of a patient's medical concerns. Her patient approach differs from traditional medicine, as she believes in using medicine to treat the individual, not the diagnosis.

Focusing on optimal health through stress management, nutrition, fitness, and mindfulness, Dr. Misra believes in providing individualized wellness and utilizes a preventative approach to disease management through lifestyle change in conjunction with conventional medicine.

Raised in New York City, Dr. Misra graduated with her medical degree from the Ross University School of Medicine in 2009. She then went on to perform her residency in internal medicine at the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell in 2012, after which she practiced medicine at Mount Sinai Hospital before moving on to serve as an integrative medicine practitioner and laboratory director in Midtown Manhattan.

Upon making the move west and settling in Los Angeles, she founded Misra Wellness on the premise that each individual's wellness journey is unique and patients should be given a customized plan to achieve their attainable health and aesthetic goals.

Holding certifications in integrated medicine and esthetic medicine, Dr. Misra is also board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

With over a decade in the medical field, she is an active member of the American College of Physicians, the American Medical Association, the Academy of Integrated Health Medicine, and the American Association of Physicians of Indian Origin.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

When taking time away from her medical practice, Dr. Misra enjoys singing and songwriting, working out, reading, cooking, and gardening. She also has a deep passion for martial arts and above all else, loves spoiling her King Charles Spaniel, Schmooley.

Learn More about Dr. Sulagna Misra:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82015727>, or Misra Wellness, <https://www.misrawellness.com/about>

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