

## Wayne Higashi, DC, a Chiropractor with Health Atlast

Get to know Chiropractor Dr. Wayne Higashi, who serves patients throughout the State of California.



**New York City, New York Oct 18, 2022 ([Issuewire.com](https://www.issuewire.com))** - Dr. Higashi is a certified athletic trainer and chiropractor in the Santa Monica and West Los Angeles, California, offices of Health Atlast, a multidisciplinary healthcare franchise that he launched with his wife, Dr. Stephanie Higashi, in 2012. With more than 20 years of experience, his primary goal is to give every patient the comprehensive individualized care they deserve.

Offering comprehensive care allows the doctor to help his patients better understand their bodies and the treatments that can improve their quality of life. It's his mission to use the most advanced nonsurgical pain treatments available, including physical therapy, nutritional counseling, massage therapy, and more.

With a broad educational background, Dr. Higashi received his undergraduate degree at the University of California, Santa Barbara, and graduated with his Doctor of Chiropractic degree from the Southern

California University of Health Sciences in 2000.

Since then, he has made it his top priority to build a practice that caters to every patient's unique needs. This means listening to his patients' concerns with open ears, analyzing their medical history, and performing thorough exams to get to the root of the problem.

In addition to his contributions to chiropractic medicine, Dr. Higashi is a certified rescue diver and holds an American Red Cross CPR certification. He is also the Vice-President of the Santa Monica Chapter of the California Chiropractic Association.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

**Learn More about Dr. Wayne Higashi:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2912204-Wayne-Higashi-Chiropractor>, or through Health Atlas, <https://www.healthatlastclinics.com/provider/wayne-higashi-dc-atc>

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Source : Wayne Higashi, DC

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