

## **Aaron Santiso, DPT, PES, CLT, Physical Therapist and Owner at Santiso Physical Therapy**

Get to know Physical Therapist, Dr. Aaron Santiso, who serves patients in Fort Lauderdale, Florida.



**New York City, New York Nov 4, 2022 ([IssueWire.com](https://www.IssueWire.com))** - Rated “Top Physical Therapist” in Fort Lauderdale, Florida, Dr. Santiso is the Owner & Operator of SANTISO Physical Therapy. He maintains a stellar reputation in the community as a leading physical therapist and health care provider, specializing in all rehabilitative, performance enhancement, injury prevention, and return to lifestyle/sports plans of care.

With more than 20 years of experience in physical therapy and rehabilitation, Dr. Santiso has over 150,000 client sessions under his belt. He works with all patient populations within the community, including athletes of every skill level in every sport.

His goal is to provide each patient with the highest quality of care – helping them attain their goals of returning to a functional, successful, and pain-free lifestyle.

Known for its detailed assessments and specialized treatment plans, SANTISO Physical Therapy has been rated the best Physical Therapy Facility in Fort Lauderdale for 5 consecutive years and, is listed in the Fort Lauderdale business hall of fame.

“Whether it’s from post-surgery, a neurological condition, muscle or bone issues as a result of a sports injury, or maybe you just need to feel better, we can certainly help you achieve your highest level of mobility and strength through our physical therapy services. Our goal at SANTISO Physical Therapy is to provide each patient with the highest quality of care – helping them attain his or her goals in returning to a functional, successful, and, most importantly, pain-free lifestyle” as stated on the practice’s website.

In addition to the traditional physical therapy approach, SANTISO Physical Therapy provides alternative treatments such as cryotherapy, salt therapy, infrared sauna, and red light therapy as well as NormaTec Compression therapy, dry needling, and manual therapy.

After graduating with his Doctor of Physical Therapy degree from Nova Southeastern University in 2003, Dr. Santiso presents strong entrepreneurship and professionalism focused on physical therapy, performance enhancement, and injury prevention.

Providing a niche approach to total body wellness, Dr. Santiso's philosophy stems from his workspace outward. While his workspace provides an enjoyable recovery space, his skilled, hands-on treatment approach to physical therapy really focuses on the client. Dr. Santiso will use his experience to create an individualized, functional exercise program aimed toward correcting common muscular imbalances often seen as a result of injury, surgery, and/or chronic compensation.

To date, he is an active member of the National Academy of Sports Medicine, the Academy of Lymphatics, and the American Physical Therapy Association. Dr. Santiso is also a member of medical boards across the world and serves as a stable voice and advisory specialist to other fitness brands and clinical facilities providing the highest quality of care for best practices for their brands.

Physical therapy is a branch of medicine that aims to enhance and restore functional ability and quality of life to those with physical impairments or disabilities. Physical therapists treat a wide variety of medical conditions affecting the nerves, bones, joints, ligaments, muscles, tendons, brain, and spinal cord.

**Learn More about Dr. Aaron Santiso:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/471261-Aaron-Santiso-Physical->

[Therapist](#) or through Santiso Physical Therapy, <https://www.santisopt.com/about/>

### **About FindaTopDoc.com**

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

### **Media Contact**

Your Health Contact

clientservice@yourhealthcontact.com

Source : Aaron Santiso, DPT, PES, CLT

[See on IssueWire](#)