

How Air Pollution May Impact Mental Health | Dr Pankaj Kumar Psychiatrist

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HEALTH EFFECTS OF AIR POLLUTION



HEART
ISSUES



LUNG
ISSUES



WORSENS
ASTHMA



EYE, NOSE, &
THROAT IRRITATION

WHO IS MORE AFFECTED



SENIOR
CITIZENS



CHILDREN &
TEENAGERS



ADULTS WITH
HEART OR LUNG
DISEASE



OUTDOOR
WORKERS



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New Delhi, Delhi Nov 25, 2022 (Issuewire.com) - Only much later, researchers discovered that air pollution also causes changes in the brain that increase the risks of mental illness, dementia, Alzheimer's, and learning problems. Even small increases in air pollution have been linked to depression and anxiety.

Research also found that those who lived in highly polluted regions during the first ten years of life were at a greater risk of developing schizophrenia, depression, bipolar, and personality disorders. We also see that visits to mental health service centers are higher on days with increased PM pollution (especially between September to January in Delhi NCR). Mortality associated with mental and behavioral disorders is higher on haze days. Various studies have also discovered increased suicides/suicidal attempts correlated with higher levels of pollutants.

Know more information about, dr pankaj Kumar psychiatrist, please visit the Website:- <https://healerspsychiatry.com/air-pollution-its-effects-on-mental-health/>



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