

Tamara Maxwell Davis, DC, a Chiropractor with The Iridescent Spine Center for Chiropractic & Total Wellness

Get to know Chiropractor Dr. Tamara Maxwell Davis, who serves patients in Frisco, Texas.



New York City, New York Nov 23, 2022 ([IssueWire.com](https://www.issuewire.com)) - Dr. Davis is a highly-rated chiropractor at The Iridescent Spine Center for Chiropractic & Total Wellness in Frisco, Texas. She believes that “The Power that makes the body, heals the body”.

The Iridescent Spine Center for Chiropractic & Total Wellness is a comfortable and welcoming office

setting that specializes in chiropractic and total wellness. The practice uses various treatment methods such as chiropractic adjustment, manual and vibratory therapy, therapeutic exercise, and many other proven techniques to meet the needs of each individual patient.

A native Chicagoan, Dr. Davis earned a Bachelor of Science degree in Communication from the University of Illinois-Chicago when she realized a passion for the dietetics profession. Following in her mother's footsteps, the Lord grew Dr. Davis' knowledge and practice for natural healing through raising her family and managing her own health challenges.

With an incomparable desire to share, she earned a Master of Education in Health Education from Wayne State University. Realizing that this was not enough and that her body and brain were not communicating, God led her to the practice of Dr. Mariam McCleod, who is responsible for sharing the power of chiropractic. Dr. Mariam knew of Dr. Davis' holistic knowledge and passion and, thus, encouraged her to attend chiropractic school.

With doubt in her heart, still battling a 10-year sleep disorder and now mono, in 2014, the Holy Spirit called Dr. Davis away from a doctorate in dietetics and toward Parker University to begin healing, learn the truth about the nervous system, and prepare her body for the coming pandemic.

Unexpectedly, while a student, Dr. Davis experienced a "freak" accident that only Activator Methods would restore. This 2-year setback proved to bless her with the addition of invaluable relationships, experiences, and courses instrumental in overcoming all of the health challenges and restoring sleep and memory.

While raising a god-fearing family and attending the program part-time, she completed her Doctor of Chiropractic degree in December of 2019. She is humbled and honored to serve her community with her God-given wisdom, knowledge, and discernment.

Seeking to assist the human body in achieving its fullest level of functioning and wellness, Dr. Davis is an active member of the Texas Chiropractic Association.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Happily married to her husband, James, for over 20 years, Dr. Davis is the mother of 2 adult sons, a teenage daughter, and a Maltipoo, Leo. She is a practicing Christian who loves the Lord, and people, and shares her passion for chiropractic, nutrition, and holistic health.

Learn More about Dr. Tamara Maxwell Davis:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/83972472-Tamara-Davis-Chiropractor>, or through The Iridescent Spine Center for Chiropractic & Total Wellness, <https://iridescentspine.com/about>

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