

Vijay Halari, MD, a Family Physician with HMH Ocean University Medical Center

Get to know Family Physician Dr. Vijay Halari, who serves patients in Brick Township, New Jersey.



New York City, New York Nov 16, 2022 ([Issuewire.com](https://www.issuewire.com)) - Dr. Halari is a board-certified Family Medicine physician working at HMH Primary Care / Cedarbridge Medical Associates in Brick Township, New Jersey. His practice is affiliated with Ocean University Medical Center.

There, he provides comprehensive care ranging from adolescents to geriatric patients. Patients with concerns regarding hypertension, diabetes, high cholesterol, or needing minor procedures are welcome to the practice.

Practical in his approach, Dr. Halari shows concern about the patient's disease, healing, and quality of life. He believes that two-way communication is the key to good health. He also believes that the patient-provider relationship should be built on mutual trust and that it plays a crucial part in providing care.

Dr. Halari was born in Burbank, Illinois but moved to New Jersey at a very young age. Though, he had completed high school in Manalapan, NJ. He opted to start an Accelerated Medical Program that allowed him to obtain his Bachelor of Science degree from Manipal University in 2010. He then went on to earn his medical degree from the American University of Antigua in 2014. Once he finished his program, he returned to New Jersey to complete his residency in Family Medicine at CentraState Medical Center in 2019, which is associated with Rutgers/Robert Wood Johnson.

That same year, he attained board certification in family medicine through the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice family medicine and its sub-specialties.

In his studies abroad, he partook in extracurricular programs such as Manipal Students Aiding in India's Development (MSAID) in Manipal, India, 2006 – 2008; Alpha Theta Sigma in Manipal, India, 2008 – 2010; and Peer Mentorship in Manipal, India, 2007 – 2010; and Student Council in Manipal, India, 2007 – 2008.

Excelling in his field, Dr. Halari is ECFMG certified. He also continues to keep up with his certifications such as NIHSS, ALSO, ACLS, BLS, and PALS.

His research experience has consisted of him serving as a research assistant for Dr. Padmaja Upadya at St. Joseph's Pediatric Outpatient Surgical Center (July 2015 – June 2016) - "Pediatric Dental Anesthesia and Outcome on Post-Op Delirium Duration" / "What do doctors think about the patient financial status and its influence on medication & treatment". He also served as a clinical research coordinator for Dr. Ashok Patel at BioBehavioral Health (July 2015 – June 2016) - A Phase 3, Randomized, Double-blind, Placebo-Controlled Study of LY2951742 in Patients with Episodic Migraine.

A firm believer in keeping up to date on the latest advancements in medicine, Dr. Halari remains an active member of several professional organizations. These include the American Academy of Family Physicians, the American Medical Association, the American College of Physicians, and the New Jersey Academy of Family Physicians.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility. They are known as the "Quarterback" of the medical team that can begin to provide all-inclusive care and coordinate treatment between specialists.

Throughout his line of work, Dr. Halari has conducted many presentations, including Internet Search Patterns by State after the Identification of Foodborne Outbreaks by CDC; NJAFP Scientific Assembly; Caesar's Palace, Atlantic City, Fibromyalgia: A Holistic Approach to Care and Management (June 15, 2018); West Windsor Senior Center, Colorectal Screening (May 22, 2018); Howell Senior Center,

Medicare Annual Wellness Visit (April 24, 2018); Greenbriar at Monroe, Medicare Annual Wellness Visit (March 8, 2018); Howell Senior Center (December 5, 2017). He has also served as co-president of the GMEC Residency Council Committee from July 2018 until June 2019.

Among his volunteer efforts, Dr. Halari served at Centrastate Medical Center in Freehold, New Jersey in 2006, where his responsibilities included: patient transport, patient care, and patient social interactions; attended seminars for treatment strategies, lifestyle modifications, and hospital care efficiency; and offered supplemental assistance to nursing and hospital staff such as physicians, nurses, and administration officials. He was also a medical representative at the Hispanic Coalition Health Fair in West Windsor, New Jersey in 2013, where he conducted multitudes of medical procedures from clinical examinations to measuring blood pressure, blood sugar levels, and basic blood chemistries; and informed and educated patients on how to use home medical devices and emphasized the importance of medical management.

On a more personal note, Dr. Halari attributes his success to 80% hard work, 10% family support, 5% relaxation, and 5% luck.

Outside of practicing medicine, he enjoys spending time with his family, especially playing with his two young boys & dog, biking, billiards, and watching movies. He has traveled to locations such as Dubai and India. His new travel endeavors include Bali, Maldives & Europe. He speaks several languages, including English, Gujarati, and Hindi.

Learn More about Dr. Vijay Halari:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/83279136-Vijay-Halari-Family-Practitioner> or through Hackensack Meridian Health, <https://doctors.hackensackmeridianhealth.org/provider/VijayHalari/1316213>

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