# Why Netvue Birdfy is The Best Thanksgiving Gift for Your Parents?



**Los Angeles, California Nov 17, 2022 (Issuewire.com)** - Thanksgiving Day is coming. Choosing gifts for parents became the biggest concern. What is the best gift? What do parents need most? What can bring parents happiness? These questions have left many people not knowing how to choose a gift for their parents.

<u>Netvue Birdfy bird feeder</u> is one of the best gift choices for parents, which makes the perfect gift with both practical and sentimental value. Wonder the reasons behind that? Read on and explore the charm of Birdfy now!

Three Main Reasons Why Netvue Birdfy is the best Thanksgiving Gift for parents

When choosing a gift for your parents, the most important thing to consider is what your parents need, to know about their current demands, as well as their interests.

### Reason 1: Kill Boring Time by Enjoying Close-up Bird Feeding

Parents are getting older, and people with poor health will stay at home for a long time, which makes retirement life very boring. Watching birds is a great way to kill boring time. Netvue Birdfy can bring the best bird-watching experience to amuse parents.

Different from traditional bird feeders, Birdfy allows users, especially old ones, to see birds clearly in a close-up perspective with its 1080P high-resolution camera. Users can also take high-quality pictures or record videos through its built-in camera with an 8X magnification rate. By simply clicking on Netvue's App, users can receive real-time notifications and watch birds anytime on their phone.

### Reason 2: Spice Up Life by Opening New Topics

Many adults are busy with work, they lack communication with their parents. At the same time, their parents also have nothing to talk about with their young grandchildren. They need common topics to increase communication and spice up life.

Luckily, Netvue Birdfy can bring new topics and connections to them. Feeding and watching birds together could be a great way to connect with family and create a close bond with those living alone. They can also prepare bird seeds for the birds, and learn bird species from AI bird identification together. From this perspective, Birdfy allows family members to not only learn about birds but also together to increase the topic, but also enhance their relationship.

### Reason 3: Boost the Elderly's Physical and Mental Health by Heart-warming Bird-watching

According to academic researchers, bird watching has been proven to have a positive effect on enhancing mental health. Birding as a hobby currently ranks second as America's favorite pastime, with more than 40% of all American households, or about 65 million people participating each year. From a physical perspective, birdwatching encourages old people to react and communicate, which significantly helps them keep an active mind and thus reduces rumination and boosts body functions.

From a mindset level, watching birds and their behavior will contribute to feelings of relaxation, which in turn leads to reduced stress and improved mental health, especially for elderly people who suffer from loneliness and depression. More specifically, it can be rendered as a form of mindfulness that's helpful in lowering blood pressure, among other benefits.

Meanwhile, Netvue Birdfy also has a bird-watching Facebook group(<u>Backyard Bird Lovers</u>) with more than 5,000 bird-loving friends, which helps elders to discover new interests, increase communication with other bird lovers, and improve their mental health.

If you are interested in exploring more about Netvue Birdfy, visit their website and get a special gift for your parents now!



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