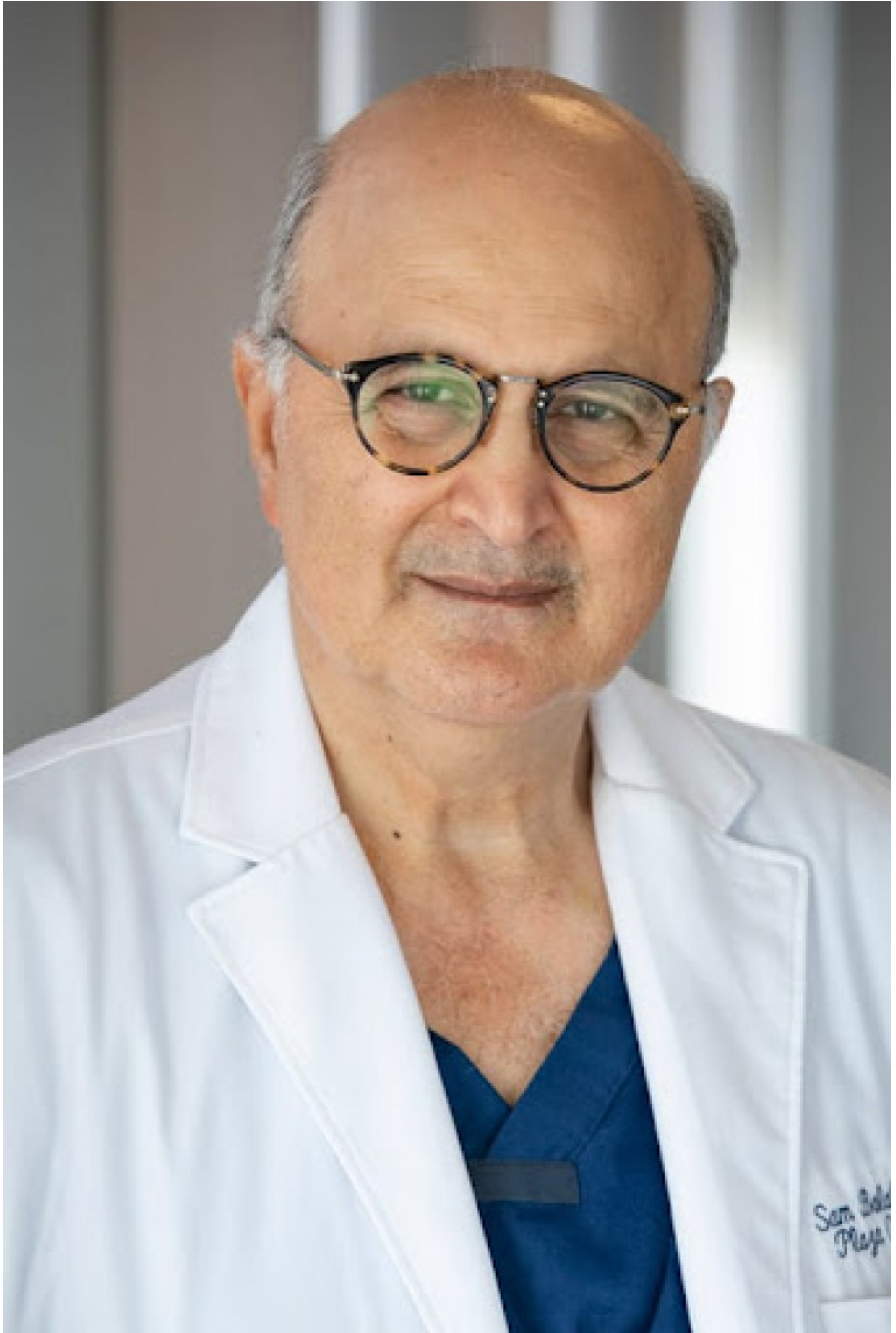


Isam Balat, MD, FACOG, an Obstetrician-Gynecologist with Plaza OB/GYN Associates

Get to know Obstetrician-Gynecologist Dr. Isam Balat, who serves patients in Texas.



New York City, New York Dec 7, 2022 (IssueWire.com) - Dr. Balat has long been recognized as one of the top obstetrician-gynecologists in the greater Houston area. He has delivered exceptional care to his patients, their families, and their friends since he started his practice in 1976.

“The key element to a successful patient/physician relationship is to listen to the patient as she describes her symptoms. When I prepare a treatment plan, I take into consideration every factor as they relate to the patient – symptoms, clinical findings, patient beliefs, and personality” expressed the doctor.

An infertility expert and ovulation induction specialist, Dr. Balat’s goal is to work closely with infertile couples until they achieve their dreams of having a baby. Along with extensive evaluations to identify infertility causes, he offers a wide range of medications and several surgical options, including MIPs for fibroid removal, that can correct infertility problems allowing patients to be evaluated and treated in one place, under close supervision.

As a lifetime member of the Endometriosis Association, he is considered an “endometriosis specialist” treating women in the Houston area. He also conducts minimally invasive surgeries for the management of endometriosis.

Back in 1973, Dr. Balat graduated with his medical degree from The University of Texas Medical Branch at Galveston. He then completed his post-graduate training in obstetrics and gynecology at the University of Texas Medical School in Houston. Once he finished his residency, he started private practice in 1976 when he joined Dr. John Armstrong and Dr. Richard Weilburg.

In 1998, he founded Plaza OB/GYN Associates in the museum district. He recently opened the Binz Surgery Center where he conducts minimally invasive surgeries for the management of fibroids, endometriosis, and pelvic prolapse.

Among the first Houston physicians to offer MonaLisa Touch®, Dr. Balat specializes in this new hormone-free treatment for atrophic vaginitis, a condition that affects women who are menopausal, have had a hysterectomy, or are breast cancer survivors.

Moreover, he has been providing patients with minimally invasive procedures to reduce hospital stays and let them recover quickly with family and friends. Among the procedures offered include operative laparoscopy, micro laparoscopy, outpatient hysterectomy, outpatient tubal reversal, and fibroid surgery.

With almost 40 years of experience as a renowned OB/GYN physician, Dr. Balat is board-certified in obstetrics and gynecology by the American Board of Obstetrics and Gynecology (ABOG). The mission of the ABOG is to define standards, certify obstetricians and gynecologists, and facilitate continuous learning to advance knowledge, practice, and professionalism in women’s health.

Certified and accredited by some of the most prestigious organizations in the country, Dr. Balat is an active member of the International Association for Physicians in Aesthetic Medicine, the Houston Gynecological & Obstetrical Society, the Harris County Medical Society, the Texas Medical Association, the American Medical Association, the American Society for Reproductive Medicine, and the American

Association of Gynecologic Laparoscopists. He is also a Fellow of the American College of Obstetricians and Gynecologists (ACOG) & a Lifetime Member of The University of Texas Medical School at Houston: Alumni Association.

Obstetrics and Gynecology is the medical specialty that encompasses the two subspecialties. An obstetrician-gynecologist, or OB-GYN, is a healthcare professional who specializes in female reproductive health.

Among Dr. Balat's various accolades include On-Time Doctor Award (2020), Top 10 Doctor - Metro Area (2014), Top 10 Doctor - City (2014), Compassionate Doctor Award - 5 Year Honoree (2014, 2013), Compassionate Doctor Recognition (2020, 2018, 2017, 2016, 2014, 2013, 2012, 2011, 2010, 2009), Patients' Choice 5th Anniversary Award (2014, 2013, 2012), and Patients' Choice Award (2020, 2018, 2017, 2016, 2014, 2013, 2012, 2011, 2010, 2009, 2008).

On a more personal note, he is fluent in both English and Arabic.

Learn More about Dr. Isam Balat:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1278378-Isam-Balat-OB-GYN-Obstetrician-Gynecologist> or through Plaza OB/GYN Associates, <https://plazaobg.com/isam-balat-m-d/>

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