

## Get to know Infectious Disease Specialist Dr. Jose G. Montoya, who serves patients in Palo Alto, California.

Jose G. Montoya, MD, an Infectious Disease Specialist with the Dr. Jack S. Remington Laboratory for Specialty Diagnostics (Remington Lab)



**New York City, New York Jan 31, 2023 ([IssueWire.com](https://www.IssueWire.com))** - Dr. Montoya is an infectious disease specialist & researcher noted for his expertise in chronic fatigue syndrome, toxoplasmosis, infection in the setting of solid organ transplantation and cancer, and infection as a trigger of chronic unexplained syndromes.

Considered an international authority on toxoplasmosis, he is currently the Director of the National Reference Laboratory for the Diagnosis and Treatment of Toxoplasmosis, the “Dr. Jack S. Remington Laboratory for Specialty Diagnostics (Remington Lab)” at Palo Alto Medical Foundation.

The Remington Lab is CLIA certified and is the toxoplasmosis national reference laboratory for the FDA, NIH, CDC, and clinicians throughout North America and the world over.

In 2020, under the vision and leadership of Dr. Montoya, the Remington Lab joined the diagnostic efforts to fight the COVID-19 pandemic by enhancing the lab’s capacity for COVID-19 serologies and PCR testing in nasopharyngeal swabs. The Remington lab also led a study on SARS-CoV-2 IgG responses following immunization with mRNA vaccines in Palo Alto Medical Group clinicians.

The doctor’s current research interests focus on the diagnosis and management of toxoplasmosis during pregnancy and in the setting of eye disease, on infectious complications of immunocompromised patients including patients with fever and neutropenia and those with solid organ transplants, as well as patients with chronic fatigue syndrome.

His work treating Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS) patients and researching this debilitating disease has improved the lives of thousands of patients worldwide. As one of the foremost experts on ME/CFS, he has also served on numerous governmental and institutional committees on ME/CFS.

Originally from Cali, Colombia, Dr. Montoya completed his medical degree with honors at the Universidad del Valle. He then trained in internal medicine at Tulane University in New Orleans. Following his residency, he completed his fellowship in infectious diseases at Stanford University in Palo Alto under the mentorship of Drs. Jack S. Remington and Thomas C. Merigan.

Thereafter, Dr. Montoya had the unique opportunity of having been chosen by Dr. Jack S. Remington for an additional seven years of extended fellowship/training on toxoplasmosis and immune responses against intracellular pathogens at the Department of Immunology and Infectious Diseases at Palo Alto Medical Foundation.

Dedicated to his specialty, he is board-certified in infectious diseases by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

In recognition of his commitment to the internal medicine community, Dr. Montoya has been elected Fellow of the American College of Physicians (FACP). He has also achieved professional excellence in the field of infectious diseases, having been named a Fellow of the Infectious Diseases Society of America.

On a professional level, he is an active member of the American Society for Microbiology and the American Association for the Advancement of Science.

For 29 years beginning in 1990, Dr. Montoya was a Professor of Medicine for the Division of Infectious Diseases and Geographic Medicine at the Stanford University School of Medicine. He also founded the Immunocompromised Host service at Stanford University Medical Center which sees all infectious complications in immunocompromised patients.

Infectious disease is a medical specialty dealing with the prevention, diagnosis, and treatment of all

infections. Infectious disease specialists are physicians focused on the diagnosis and treatment of acute and chronic diseases caused by bacteria, viruses, fungi, parasites, and even prions.

Considered a “clinician extraordinaire” for his outstanding skills as a medical doctor and diagnostician, Dr. Montoya was selected as one of the 100 Colombians who excelled abroad in 2003. He was also given the “Ilustre Egresado” (Distinguished Alumni) by Universidad del Valle Medical School in 2019 for his international recognition and teaching awards.

Throughout his line of work, he has authored and co-authored more than 150 publications in peer-reviewed journals along with more than 30 book chapters. He has also given more than 250 presentations as an invited speaker.

Having received more than 14 school-wide teaching awards, his work has been the subject of international and national media including Reuters, ABC News, and The Guardian.

Enjoying family life, Dr. Montoya has been married for over two decades. He enjoys exploring California’s vast network of hiking trails, going to the cinema and art museums, celebrating music, and literature, as well as appreciates good grapes and wines from the regions of Napa, Argentina, Chile, Spain, and France.

**Learn More about Dr. Jose G. Montoya:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1746323-Jose-Montoya-infectious-disease-specialist-Stanford-CA-94305> or through his website, <https://doctorjosemontoya.com/about/>

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**Media Contact**

Your Health Contact

[clientservice@yourhealthcontact.com](mailto:clientservice@yourhealthcontact.com)

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